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Food, Page 1C

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VOLUME 21, NUMBER 29

WEDNESDAY, APRIL 9, 1997

FIFTY CENTS

Not a baby-sitter

Schools cracking down on parents who leave children after school

By Bob Slatte
Staff writer

School officials in Granite City are concerned with an increasing number of parents utilizing schools as an after-hours baby-sitting service.

In response, the school district is cracking down on parents who habitually leave their children at school long after dismissal.

"It's a real red flag problem," said Superintendent Steve Balen. "But it's enough of a problem that something needs to be done."

Leaving children at school after hours creates problems for the school district.

"Children cannot be released to be sent home to an uncertain situation or possibly walk significant distances between the home and the school."

— Letter to parents

Students last week from Rockwood director of education for the district.

The school district also refuses to place children in a taxi — with a stranger at the wheel — for transportation, the letter says.

When parents fail to pick up their children at school, school administrators have attempted to contact parents and others listed on an "emergency card." If those attempts failed, school officials either stayed with the students or contacted police, who have parents that can be contacted to police station until parents can be contacted to pick them up.

But a lack of facilities and supervision has forced the school district to seek a new solution to the problem.

School officials will continue to attempt to contact persons listed on the emergency card. But if contact cannot be made within 15 minutes, police will be called to transport the student to the after-school latchkey program at Froehard Elementary School and parents will be billed for services. A note will be left on the front door of the home school informing the parents where their child has been taken.

Parents will also receive a written warning after a first offense.

School officials will contact the Illinois Department of Children and Family Services

(See SCHOOL, Page 2A)

Area warned on transit plan

By Bob Slatte
Staff writer

At least one Madison County Board representative from the Tri-Cities area believes this area could be slighted on future transportation projects.

"It's no secret that economic and residential development follows transportation," said Don Garrett of Du Quoin.

Garrett is encouraging area residents to show up in force at the next meeting of the Madison County Long Range Transportation Planning Committee.

The meeting will be held at 8 p.m. Monday at the Collinsville Holiday Inn.

The plan, which will allocate millions of future transportation dollars throughout Madison County, will have a profound impact on

the Tri-City community," Garrett said. "Depending on the priorities selected, that impact will be positive or negative."

Garrett said he is "less than satisfied" that the plan's priorities will benefit the Tri-Cities area. "As I think it should."

Other areas, such as Edwardsburg/Glen Carbon and Highways 157 and 159 seem to be mentioned more frequently, Garrett said.

"The Tri-Cities area, including Pontoon Beach, Mitchell and Highway 3 — which has long been the 'basketball' of Madison County — cannot afford to be left out as millions of dollars are allocated elsewhere without insisting on its fair share," Garrett said.

Garrett said a dearth of participation from local



Don Garrett

residents at past meetings may have prompted the perceived lack of allocations for this area.

"It may be that so many priorities from other areas are higher on the list because of the simple fact that a greater number of interested people from other areas are participating in these plan meetings," he said.

Granite City Mayor Ron (See PLAN, Page 2A)



Photo by ROCKY FRESE

Grace-Hill Neighborhood Services and Gateway Trailnet are combining April 12 for a festival on the bicycle and walking paths along the Mississippi River in north St. Louis. Shown at North Riverfront Park are, from left, front row: St. Louis Alderman Nancy Weber, honorary chairman of the event; Patrick Perry, Shara Gunn, Marie Bland with Octavia Ball in front of her; Brian Franklin, all of Grace Hill; and John Allen of Gateway Trailnet; second row: Ariette Williams, Byron Miller, Aubrey Logan, Claude Franklin, Gina Jackson, Anthony Simms, all of Grace Hill; third row: Kevin Moore and David Mitchell, both of Grace Hill.

Trailblazer

Festival on Saturday is first for new trail

By Jim Rygelski
Staff writer

Hundreds of bicycle and walking enthusiasts are expected to roll or stroll by the Mississippi River in north St. Louis Saturday in the first Trailblazer Festival.

Beginning at 10 a.m. and 3 p.m., they can cover a 6-mile paved trail between the old Chain of Rocks Bridge on the north to just below Humboldt Street on the south. Riders going north can stop and walk across the old bridge to the south, which can be entered by the spring festival of Grace Hill Neighborhood Services.

"It's natural to tie these two areas together, as eventually they'll be one big park," said

John Allen of Gateway Trailnet.

"What we hope this does is to let people know that the trail exists. The youth of the neighborhood know it, but we want people to get into the habit of using it," said Weete Williams, a resident of Grace Hill.

Trailnet, with the help of Grace Hill workers, is aiding the City of St. Louis in developing the trail. Planners envision it as linking Illinois and Missouri by way of the Chain of Rocks Bridge.

Trailnet officials have said when the 1.2-mile bridge is eventually reopened to foot and bike traffic, it will be the longest bridge in America devoted just for recreational purposes.

(See TRAIL, Page 2A)

Friends pedaled across bridge

By Jim Rygelski
Staff writer

Bernice Gega of Black Jack thinks it's a good idea to revamp the abandoned Chain of Rocks Bridge for bike and pedestrian traffic.

"The bridge is just sitting there. Just hope people make use of it," Gega said.

She remembered a time more than 60 years

ago when the bridge was used often by automobiles; and she and a friend, Ethel Henn of North County, dared to bicycle across it.

The ride apparently marked the first time someone went over in a bicycle, which the time-taker then wasn't sure he should allow.

Ethel (Kroeter) Henn and Bernice (Deuper) (See FRIENDS, Page 2A)

Women of Achievement luncheon May 14

The Suburban Journals and radio station KMOX-AM (1120) will honor 10 outstanding women who are the 1997 Women of Achievement.

The awards will be presented to the winners during a noon luncheon May 14 at the Ritz-Carlton-St. Louis in Clayton.

This year's honorees come from all walks of life but have one thing in common: They have contributed to the strength and health of the St. Louis metropolitan community.

These outstanding women join 411 other Women of Achievement who have been

honored since the program started.

Reservations for the luncheon, which are \$25 per person, may be ordered by sending a check to: Women of Achievement, Suburban Journals, Inc., 1000 Decker Drive, St. Louis, Mo. 63131. The deadline for reservations is May 5.

Seating will be at tables of 10, and reservations and payment for the group should be made at the same time. Those attending the lun-

cheon on behalf of a particular honoree should include the name of the honoree.

The 1997 Women of Achievement are: Mary Carol Archie, community health care; Ruth A. Brink, civic preservation; Judy Smith Champ, cultural enrichment; Jan Freund Harris, creative philanthropy; Saundra Hudson, education; Linda Jean Schroeder, community service; Glenn Johnson, sports; community service; Terri Shores, humanitarian concern; Lucile M. Stehman, historic preservation; and Nancy Verderber, social responsibility.

In the Journal

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NEWS

75-years of service

State Police plan celebration

SPRINGFIELD — The Illinois State Police has a little celebrating of its own to do this month. Officials are planning a ball in Springfield to kick off the diamond jubilee.

"It's a pretty exciting time," agency spokesman Mark McDonald said. "We're planning a gala ball and the governor has been invited. We have the capacity to seat 700 people and we're looking forward to it."

Troopers will also be treated to a commemorative yearbook, a special edition in-house magazine and a special star pin, similar to the agency's badge, that troopers will be encouraged to wear on their uniforms throughout the year.

"We've been around a long time," McDonald said. "Just about as long as there have been roads."

The Illinois General Assembly created the Illinois Highway Maintenance Police to protect the state's growing system of paved roads. With few motor vehicles to enforce in those days, troopers were told to concentrate on ticketing overweight trucks.

The original troopers rode World War I army surplus motorbikes and wore makeshift uniforms.

The agency's popularity began to grow in the 1920s and '30s during Prohibition when bootleggers used the new highway system to barrel moonshine whiskey and beer to thirsty customers. Among the department's first officers to fall in the line of duty were troopers killed by motorists in their cars.

"When you think of the history of the State Police, the first trooper killed in the service was of so many brave officers," said director Terrance Gainer.

"Forty-nine troopers have given their lives serving the people of Illinois and many more have been injured or wounded.

The size and responsibilities of the State Police increased as the highway system and the number of motorists on the

(See POLICE, Page 5A)

• Trail

(Continued from Page 1A)

Admission to the event Saturday is \$12 for adults and \$6 for children. The registration point is North Riverfront Park, off Riverview Boulevard about a mile south of Interstate 270.

Festival organizers said the money will be used toward the project cost of paving the bike route and revamping the bridge, which was built nearly 30 years ago when I-270, a few hundred feet away, was opened.

Allen estimated the "bare-bones," first part of the bridge renovation at \$600,000.

St. Louis 2nd Ward Alderman Nancy Weber is honorary chairman of the event.

"This has become a big part of my life for the past eight years," Weber said of efforts to get the bike and walking paved.

The trail has been used quite a bit, during the past year, she said. Last spring, Trailnet and Grace Hill Neighborhood Services combined for a festival along the portion of the path near Humboldt Street after it had been paved.

Weber said the paving cost for the 11-mile stretch has been covered by various grants. The portion from Humboldt Street to Lakewood Lane just north of Downtown is to be paved by this summer, she said.

Workers for the AmeriCorps Project overseen by Grace Hill Neighborhood Services have been cleaning the trail of debris and preparing it for paving.

"I managed to clean it up. It was hard, but it was fun," said Williams, a Grace Hill supervisor for the past eight years.

Claude Franklin, another Grace Hill supervisor, said the AmeriCorps workers had learned a lot about plants and grasses in the process. In cleaning the trail, they participated in a community beautification.

The Grace Hill festival will feature several activities, such as face painting for kids, kite flying and rollerblading. Police officers on bicycles will patrol the area.

Those who want to bring their bicycles will ride that day — up to 30 miles — to do so with the help of maps that Trailnet will hand out. Those registering at the event will receive a Chain of Rocks Bridge water bottle, local trail maps and a six-month introductory membership to Trailnet.

In February, Trailnet sponsored an event at the Chain of Rocks Bridge to view the eagles that drew 3,000 people, Allen said.

For more information on pre-registering call 644-0315 or (618) 874-8554.

• Friends

(Continued from Page 1A)

Grega were young teenagers then, riding everywhere on their blue, girls-style 26-inch frame bicycles with balloon tires. They lived in St. Louis, Mo., near where Interstate 70 today cuts under St. Louis Avenue.

"We were just 13 or 14 then," Grega said. "We used to visit friends who lived around West Florissant (Avenue) and Riverview (Boulevard). My parents had a clubhouse across the bridge on the Illinois side. They went there one day and we decided to visit them."

"We just made up our minds to do it," she said of the nearly 10-mile trek to the Chain of Rocks Bridge they made on a Sunday.

Henn recalls the days in which motorists and bicyclists treated each other differently.

"We went everywhere on our bikes. We weren't afraid," Henn said. "Motorists were courteous, and we were trained to respect people in auto traffic. We knew where to turn. Drivers would stop and wave at us as they went by."

When they got to the bridge entrance off Riverview Boulevard, the toll-taker wouldn't let them pass at first.

"He said no one had ever gone over on a bicycle. Ethel was bolder than I was. She told him, 'Show me a sign that says we can go over.'"

"I gave him a sob story about how we had to go over to see my parents. He said he didn't know what to charge — it was 10 cents for cars then. So we gave him a nickel each."

"And they rode that bridge every day."

"We went everywhere on our bikes. We weren't afraid," Henn said. "Motorists were courteous, and we were trained to respect people in auto traffic. We knew where to turn. Drivers would stop and wave at us as they went by."

"My parents were flabbergasted that we'd try something like that," Grega said. "My father put our bikes in the back of his truck for the return home."

And the parents learned the two girls never to try a ride such as that again. They obeyed.

"Crossing your parents was something you didn't do," Henn said. "You didn't question them."

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• Plan

(Continued from Page 1A)

Selph, chairman of the Madison County Transit District, said overpasses are needed in the Tri-Cities area, especially on Illinois 162 near Maryville Road, on Edwardsville Road near Granite City Steel and on West Pontoon Road.

"Certainly the public's concerns and needs should be voiced and heard," Selph said. "These overpasses are our top priority."

Garrett said a proposed new Mississippi River bridge that would end near the southern tip of the county will benefit the Madison, Eagle Park and Cloverleaf areas.

Both Selph and Garrett said a MetroLink line from downtown St. Louis through Madison, Granite City, Pontoon Beach, Mitchell and into Edwardsville would be a boon for the area.

"This will provide ease of transportation into downtown St. Louis; into our new Gateway Industrial Center being planned at 111 and 270; and into Edwardsville. All of these areas will be the center of commerce, education, government, business and, of course, jobs," Garrett said. "This MetroLink line will benefit our citizens immensely."

Garrett is also pushing for expanded express bus service to downtown St. Louis via the McKinley Bridge and improvements to both county and township roads, such as Rock Road near the Tri-City Regional Port.

Garrett supports a plan to fund transportation improvements with a toll on all Mississippi River bridges rather than with property tax increases.

As a result of who travel the highways of this great nation know, you can hardly travel in any large Metro area without paying tolls of some kind," Garrett said. "We need the best. We want the best. We must pay for the best. There are no free lunches and no tolls on all bridges will help ensure the future of the McKinley Bridge."

"The voice and vote of every Tri-Cities representative is needed to ensure that the needs of the Tri-Cities area are met in the transportation plan. I urge every one of our representatives — especially the senators and aldermen — to be present at Monday night's meeting."

Study finds bad roads in St. Clair County

By Mark Hodapp

Staff writer

Heights from U.S. 50 to Illinois 157.

All 10 of these projects are expected to cost a combined to \$29.4 million, according to ICBH. That estimate, however, is significantly more than the county can afford, Polka said.

Polka said he is budgeted annually about \$2.2 million for road improvement projects.

The only way the county can afford to make the road improvements is if cities or other taxing bodies help out, he said.

"I get jealous when I read a state district getting a 25 cent and a 75 cent tax," Polka said. "I have had to live with a 20 cent levy for the past 50 years."

Polka believes legislation is needed to reverse this trend. If something isn't done, the roads will only get worse, he said.

The ICBH points out the county has several unfunded road and bridge projects that need immediate improvement.

• North 57th Street extension in Alton.

• Riverview Lane extension (Shiloh-O'Fallon Road to Illinois 158).

• North Lincoln Avenue in O'Fallon.

• South 59th Street in Belleville.

• North Greenmount Road Interchange at Interstate 64 in O'Fallon.

• Ashland Avenue extension from Old Heights Road in Fairview Heights to Hartman Lane in O'Fallon.

• Baldwin Road from Illinois 13 to the Randolph County Line.

• Bunkum Road in Fairview

• North 26th Street extension in Alton.

• Riverview Lane extension (Shiloh-O'Fallon Road to Illinois 158).

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NEWS



(Staff photos by JOHN FRESE)

Honored — In top photo, John Sertich, officer-in-charge at the Granite City Post Office, reads a framed letter sent to Postmaster Charlie Parkinson, right, commemorating his 35 years of service in the postal service. Parkinson started his postal career on April 2, 1962, as a letter carrier in Granite City, moving to management in 1980 and returning here in November 1988 as postmaster. Below, Sertich poses with Customer Service Supervisor Debbie McCunney, Postmaster Parkinson, Customer Service Supervisor Doug Winfield and Acting Customer Service Supervisor Tim Swigert.

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NEWS**First 100 winners named**

The Journal's Spring Fling Sweepstakes has produced the first weekly group of 100 winners.

In addition to being eligible for the Sweepstakes' grand prizes, the first 100 winners will receive one of a variety of weekly prizes. Winners will receive their prize by mail. No phone calls, please.

Entries must be received by May 30, 100 winners will be selected.

The first group of 100 winners are:

Charles Zeller, John Keen, Robert Koenig, Stanley Buterna, Synthia Kalinowski, W. Stockdale, Karen Klein, Marian Schaefer, Anna Endrejatis, Diana Shrum, Lynn Cramer, Karen Miller, Bonnie Michael, Frank Staat, Lorene Chetwood, Vida Clinton, Delores Buchholz, Sherry Clark, Margaret Gandy, Tracy Goff, Robert Fehlbbaum, Joyce Schafer, Leonard Neef.

Donna Clonts, Laura Siegle, Aubrey Smith, Mary Lou VanDyke, Terrie Hoenig, Charles Huth, M. Seris, Mrs. Jerry Davis, Marie Bracht, Elsie Scheible, Harold Miller, Lynette E. Miller, Carol Schmitt, Vincent LoRusso, Robert Vonder Haar, Calvin Wildermuth, James Young, Robert Stoll, Roy L. Ritter, Ruth Fennerira, Barbara Palisch, Jacqueline Hawkins, Esther Hamman, John Harper.

Kathy Dillards, Mrs. Gene Pohl, Bill Pohl, Helen Lemakis, Marion Pedetti, Vic Ahreus, Jackie Levy, George James, Connie Gac, Earl Samuels, James Mieure, Julie Wronski, Edna Wronski, Michael A. Alt, Patricia Mathis, Kerry Balder, Edene Perlmutter, Larry Jenneman, V. McWhorter, Jeanne Garner, Joann Gandy, Judith Schaljo, Maxine Kristof.

Dorothy Magness, Delford Moore, William Mayor, Paul Cassidy, Jim Brakemeier, Sue Kohn, Paul Major, Dana Speaks, Nancy Royer, Cara Forsyth, Michael Acora, David Straub, Patricia Smith, Linda Kuffner, Linda Fiedler, Janice Malony, Linda Jones, Nora Henricks, Leonard Schwartz, Barbara Dettleff, Scot Luchefeld, Don Miller, Mike Gabel, Jane Rolek, Bernadine Prater, Janet Smiddy and Lloyd L. Wright.

Cycle courses set

Free motorcycle courses will be offered at Southern Illinois University at Edwardsville.

Course 3 is Friday, April 18 from 6-9:30 p.m.; Saturday and Sunday, April 19-20, from 8 a.m. to 4 p.m.

Contact SUIC toll free at 1-800-642-9589.

THE SPINAL COLUMN

Injured in an auto, work or home accident? Accidental insurance policies cover chiropractic services. Proper care can relieve pain and slow, stop or prevent disc degeneration or arthritic changes after an injury. Chiropractic is recommended by government studies, provides safe, natural healing without dangerous side effects from drugs. We offer the most accurate, safe and painless diagnostic methods to determine injury to nerve, muscle, disc, joint or other soft tissue and to implement plan specific to your needs.

Studies show chiropractic to be more effective, longer lasting and less expensive than other injury treatment.

If you've been involved in an accident and are not sure if you've been injured, call for a free consultation.

BEMIS CHIROPRACTIC

* Medicare • Health Link • Metro Health • Gen Care • PHP • United Health Care • Alliance • Principal • BC BS of IL/MO

3361 Fehling Rd., Suite #7

Granite City 876-2273

240 West Elm St.
Alton 466-5322

Venture®

Shop At 8 AM For Storewide Savings & Values

4 Days Only \$79¢ each <small>2-LITER SODA Sprite, Coke Classic, Diet Coke or Caffeine-Free Diet Coke. 1-liter soda in Corpus Christi & Amarillo stores only. Sale 1/10.</small>	4 Days Only \$1 each <small>PLANTERS CHEEZ BALLS CHEEZ CURLS</small>	4 Days Only \$1 each <small>10-PK. FUN-SIZE CANDY BARS. Milky Way, Snickers, Kit Kat and more.</small>	4 Days Only \$1 each <small>ZIPLOC 50-CT. SNACK BAGS OR 50-CT. SANDWICH BAGS.</small>
4 Days Only \$1 each <small>AJAX, SUN LIGHT OR IVORY 22-OZ. DISH DETERGENT.</small>	4 Days Only \$1 each <small>DAWN 14.7-OZ. DISH DETERGENT.</small>	4 Days Only 2 for \$6 <small>KLEENEX COTTONELLE 12-ROLL BATH TISSUE.</small>	4 Days Only 3 for \$7 <small>DEODORANT. 2.7-oz. Secret or Sure.</small>
4 Days Only 2 for \$10 <small>WISK LAUNDRY DETERGENT. 100-oz. liquid, 42-load regular powder or 33-load powder with bleach.</small>	4 Days Only \$13 <small>72" HALOGEN LAMP WITH DIMMER SWITCH. Reg. 16.96. 1997 UL-approved bulb guard included.</small>	4 Days Only \$12 <small>QUICKSAND® PERPETUAL LITTER SIFTING SYSTEM. Saves time and money, and eliminates odor.</small>	4 Days Only \$15 YOUR CHOICE <small>Reg. 16.99-19.99. • Rival 4-speed mixer. Extra-wide slots. • Salsar Rice Cooker. 6 cups in minutes! • Hamilton Beach 3-qt. slow cooker. • Proctor-Silex 12-cup coffee maker. • Hamilton Beach 7-speed blender. Pulse.</small>
4 Days Only \$30 each <small>STEP TWO® FROG SANDBOX ON A TABLE (not shown). Reg. 34.99 ea. Table seats 4 children. Easy to assemble.</small>	4 Days Only \$33 <small>LASER CHALLENGE TEAM FORCE DEL SET. Reg. 26.99. Includes 2 lasers and 2 chest plates. Ages 8 and up.</small>	4 Days Only \$14 <small>LENXX DELUXE BIG-BUTTON MEMORY PHONE. Reg. 19.99. Bonus extra-long cord. Model PH-329.</small>	4 Days Only \$90 <small>2 exercisers for the price of 1! GLIDE TONER/AB MAX COMBO EXERCISE MACHINE. Reg. 99.99. Total body workout. Both packed in 1 box.</small>

Double All Manufacturers' Coupons Up To 50¢!

Plus, manufacturers' coupons over 50¢ receive a 50¢ BONUS! In-store items only. One coupon per item. Not valid on tobacco, optical, medical, vision or key items. Wednesday through Saturday, April 9th-12th, 1997 only. See store for details.

Bed & Bath Dollar Sale Clearance!

**60% off
50% off
40% off**

Plus, 25-30% Off Original Prices On A Special Selection Of:

Juvenile sheets • Bedding ensembles • Comforters • Feather beds • Bed-in-A-Bag ensembles • Bath coordinates • Shower curtains • Laundry baskets • Tab top draperies • Slip covers • Pillows • Tablecloths • And more!

The "now" price above is your final cost. Clearance merchandise is indicated by original and new pricing. Intermediate markdowns may have been taken. Prices valid while quantities last. Styles vary by store. No rain checks. 14-day Price Guarantee does not apply to clearance merchandise.

Where there is overlap between this event and other Venture advertising, you will receive the larger savings — not both discounts. Items available while quantities last. No rain checks. Selection may vary by store. Venture Value and "Only" priced items not on sale. No price adjustments on prior purchases. Intermediate markdowns may have been taken. Sale prices effective Wednesday through Saturday, April 9th-12th, 1997, unless noted.

CHROMATICS SOLID COLOR BED RUFFLES

Orig. 14.99-21.99, now \$4-\$8.

SELECT BEDDING ENSEMBLES

Orig. 19.99-138.99, now \$10-\$69.

ALL WHITE GOOSE DOWN COMFORTERS

Orig. 69.99-149.99, now \$35-\$75.

VIGILANCE BATH TOWELS

Orig. 7.99, now \$4.

ALREADY REDUCED MINI BLINDS

Orig. 3.99-29.99, now \$2-\$15.

CHROMATICS SOLID-COLOR COMFORTERS

Orig. 24.99-39.99, now \$15-\$20.

This
is
the
last
one.

Dollar \$ Sale

This Wednesday-Saturday, April 9th-12th.



**TABLE TOP GLASS
ANY SIZE & SHAPE**
Granite City Glass
1837 Madison Ave.
877-5400



Venture®

High Quality-Low Prices

CALL TOLL-FREE 1 (800) 31-4LESS FOR YOUR NEAREST VENTURE LOCATION.

Where there is overlap between this event and other Venture advertising, you will receive the larger savings—not both discounts. Items available while quantities last. No rain checks. Selection may vary by store. Venture Value and "Only" priced items not on sale. No price adjustments on prior purchases. Intermediate markdowns may have been taken. Sale prices effective Wednesday through Saturday, April 9th-12th, 1997, unless noted.

**ALL MUSIC
CDs &
Cassettes
15%
off**

Plus, 20% off
entire stock
of audio/video
storage.
While supplies last.



NEWS •Police

(Continued from Page 2A)
roadways mushroomed during the 1930s. At that time, the department was firmly tied to the patronage system and when new administration came into office, nearly the entire force was terminated and new officers put into place.

The 1940s was the beginning of thorough professionalism. In 1941, the State Police initiated the first cadet classes, providing comprehensive training to recruits. At the end of the decade, Gov. Adlai Stevenson ushered in the modern era of the Illinois State Police by banning patronage, and creating a merit board to oversee the selection, promotion and discipline of State Police officers.

Under Stevenson and his successor, Gov. William Stratton, the State Police became a force against gambling and corruption. With statewide power to investigate and arrest, officers began raiding casinos and number parlors that operated illegally but almost openly throughout the state.

Throughout the 1950s and '60s, the growth of the agency kept pace with the spread of interstate highways and the expansion of the freeway system. In districts where patrolled, and in the late 1960s, Gov. Richard Ogilvie created a separate agency, the Illinois Bureau of Investigation, designed to attack growing narcotics abuse and sales.

When Gov. James Thompson reorganized the state's law enforcement structure in the early days of his administration, he moved the bureau under the roof of the State Police and expanded the department's investigative capabilities.

The state's network of forensic science laboratories, under Thompson and Gov. Jim Edgar, became the first system in the country to earn accreditation from a professional board.

Today, a vast array of State Police services are available to local law enforcement agencies. More than 90 percent of the analyses conducted in crime laboratories are performed for Local Police.

From The Telegraph

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NEWS

•Calendar

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at 12:30 p.m. every Friday at the Hausey's Drive Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

SENIOR SOCIAL CLUB, meets every Sunday at the Nelson Hagnauer Township Hall. Doors open at 12:30 p.m., bingo and games start at 2 p.m. Call 877-2121 for more details.

PONTOON BEACH SENIOR CITIZENS, meets every Tuesday or each month, 7 p.m., 3910 Illinois 111, Pontoon Beach.

Singles Connection

Come join us Thursday, April 10, for a buffet dinner at "Pizza World," formerly Pizza Chef in Granite City on Johnson Road. We will meet at 6:30 p.m. R.S.V.P. to Ben (254-1866) or Lisa W. (877-6077).

The Troy/Maryville/Collinsville chapter of Business Network Int'l (BNI) meets every Tuesday at 7 a.m. at Randy's Restaurant in Troy. For more information, please call Lisa at (618) 667-4340.

School

SCHOOL OF METAPHYSICS, 7:30 to 10:30 p.m., every Tuesday, 9459 Midland Plaza, Ste. 100, M-6374. Classes in applied metaphysics. Call Melanie McManus at 425-0076.

SENIORS — Pontoon Beach Senior Citizens, every Wednesday, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

ATTENTION MEDICARE BENEFICIARIES — Come and hear how Advocate can give you complete health care coverage. You are invited to hear about Medicare and how it works, 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.

EAGLE PARK ACRES SENIORS OF MADISON meet every Thursday from 10 a.m. to noon at 108 Hill St. (rear), Eagle Park Acres, Madison.

FRIDAY AFTERNOON PINOCHE CLUB for seniors 55 and over meets

**• CADILLAC •
• CADILLAC •
93 Eldorado \$16,900
Fully equipped.
95 Seville \$25,900
Leather, power, etc.
95 Coupé \$25,900
Leather, astro-roof.**

**96 Seville
Only 7,333 Miles.
Luxury, Factory & Executive's Car...
96 Sedan Deville \$23,900
Leather, Power, etc.**

ELDER 

Ready For Summer???

Open a Roosevelt Bank SMART Saver Pak and Receive a FREE COOL COKE PAK!!!

Our SMART Pak Includes...

- **FREE CHECKING** — NO minimum balance, NO monthly service charges
- **LOW BALANCE SAVINGS** — Competitive interest, 24hr. access
- **BANK FROM HOME** — Telephone banking system, 3 months FREE
- **ATM OR SMART DEBIT CARD**

...and other convenient options, the choice is up to you!

Stop by one of the convenient Roosevelt Branch locations listed below to pick up your

- **FREE 6 pak of Coca-Cola**
- **convenient cooler bag**

& REGISTER TO WIN CARDINAL TICKETS

Roosevelt Bank
The Smart Place To Bank

GRANITE CITY:
1825 Delmar Ave • 452-3700
1529 Johnson Rd. • 452-3737

Offer Good While Supplies Last

NEWS

every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

DIVORCED AND SEPARATED GROUP, meets every Wednesday, 7:30 p.m., evergreen Inn, 126 Main Street, Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

ALZHEIMER'S SUPPORT GROUP meets from 6:30 to 8 p.m., third Thursday of each month, at the Alzheimer's Room, inside Bonaventure of St. Elizabeth Medical Center, 2100 Franklin Avenue. Group is open to addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All members are welcome to community members. Call 798-3018 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m., every Thursday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., every Sunday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., every Sunday, St. Elizabeth Medical Center, Mitchell, main floor, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

AL-ANON, 8 p.m., every Thursday, Wellness Center, 2103 Iowa, 463-2426.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m., every Thursday, 2116 Delmar Ave., 24-hour hot-line 398-9409.

SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS, second Friday of each month, in Pascal Hall, St. Elizabeth Medical Center. Refreshments are served. Call 788-3018 for more information.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday, in 4-Doctors Solarium, St. Elizabeth Medical Center, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m., every Wednesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) **SUPPORT GROUP** meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for details.

LUPUS ERYTHEMATOSUS SUPPORT GROUP, meets at 8 p.m. every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

STEMPS (Support Together for Emotional and Mental Stability and Sobriety), A support group for people with emotional illness and an addiction to substances, meets every Friday from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3004 for more information.

MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet

from 1 to 3 p.m., every Friday, at Wood River Township Hospital, Barbara Hopkins and Alice Elam are the co-leaders. For more information call the DMDA office at (314) 776-3968.

AL-ANON ADULT CHILDREN, Providence, 2103 Iowa, 10 a.m. every Saturday, park in rear, no smoking, 463-2426.

ALCOHOLICS ANONYMOUS, 8 p.m., every Saturday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Accepting new members, 8 p.m., every Saturday, 2116 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS, 1:30 p.m. and 8 p.m., every Sunday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m., every Sunday, 2116 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS, 8 p.m., every Sunday, St. Elizabeth Medical Center, Mitchell, main floor, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

AL-ANON, 8 a.m. every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

CHEMICAL DEPENDENCY RELEASE PROGRAM, meets from 6:30 to 8 p.m., every Monday, at the King's House on North 66th Street in Belleville. For more information, call 798-3018.

NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE, a support group for nonoffending parents of victims, from 6 to 7:30 p.m., every Monday, at the Illinois Department of Children and Family Services, 1000 Edwardsburg's Rape and Sexual Abuse Care Center, Call 692-2197 for details.

LUPUS ERYTHEMATOSUS SUPPORT GROUP, meets at 8 p.m. every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

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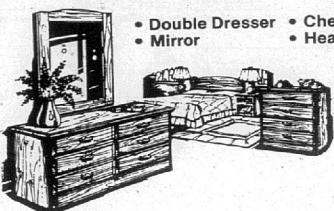
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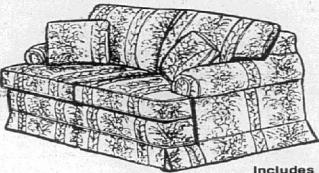
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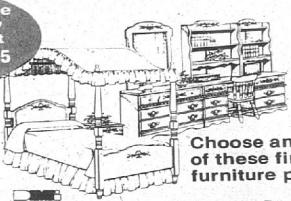


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Warning: Sports be dangerous to But not like you. When I was co Madison's super basketball team Illinois University March, Maurice head-first to save saved it. The pro wasn't too concerned saving me. He is crash, scrawled table where I was nose to mine. He enough to smile back on the court to retrieve s paper, pick up my broken tape bring down my

But I can survive encounters.

Or, rather, when supposed to be turned out to be reenactment of

Like while we still going before the ark animals started made my round coaches and plain bran

I found the co the ground level three coaches approximately doughnuts.

One day we drove doughnuts later way up several to the officials' found six officials probably 10 or doughnuts outside officials. And si outweighed the room.

Next, I scale stairs and found one real photographer, operator, and doughnuts. I've worked known stain good exercise you find cream each level.

But, it's not field. It's ever basket, total emphysema, lip-smacking, high-cholesterol, dying for your

I know that probably isn't has a cushy jockeys with jumpers, and cults wait space ships in comets be sportswriters, though the job dangerous it is.

It seems to me that scatathleticism, full of totally non-nu no true athlete come within I'm not going — my mother talk with my



FAIRVIEW

JOURNAL SPORTS



**Journal names
Team of the
Week**

Page 3B



League leaders
Page 2B

April 9, 1997—Granite City Journal—Page 1B



**Patrick
Heston**

A full-filling job: Writing takes the cake

Warning: Sports writing can be dangerous to your health. But not like you may think. When I was covering Madison's super-sweetie, Maurice Baker at Eastern Illinois University in early March, Maurice Baker dove head-first to save a ball. He saved it. The problem was he wasn't too careful about moving his head. He landed with a crash, sprawled flat on the table where I was sitting, his nose to mine. He paused long enough to smile and then was back on the court, leaving me to wonder if scattered papers pick up the pieces of my broken tape recorder and bring down my pulse rate.

But I can survive such encounters.

It's the other elements of my job that are dangerous.

Saturday was a good example.

I covered the Jackie Joyner-Kersee Relays on Saturday.

Or, rather, what was supposed to be the JJK. It turned out to be a vivid reenactment of Noah and the flood.

As while we thought there were still going to be a meet, before the ark arrived and the animals started boarding, I made my rounds in search of coaches and players whose coaches would speak.

I found the coaches' room on the ground level. There I found three coaches and approximately six dozen doughnuts.

One interview and three doughnuts later, I wound my way up several flights of stairs to the officials' room. There I found six officials and probably 10 or 12 dozen doughnuts. Once more the doughnuts outweighed the officials. And soon, I outweighed most everyone in the room.

Next, I scaled a few more stories to press box. There I found one reporter, one photographer, one computer operator, and a few more doughnuts.

I've worked out enough to know that stair climbing is good exercise. But not when you find cream filled pastry at each level.

But, it's not just track and field. It's every sport. Hit the basketball court, go to a virtual emorgosbord of lip-smacking, finger-licking, high-cholesterol samplings are vying for your attention.

I know that the average fan probably thinks a sports writer has a cushy job. But companies will insure bungee jumpers, mountain climbers and cults waiting to catch space ships in the tail of comets before they insure sports writers. They know how tough the job really is. How dangerous it is to your health.

It seems somewhat strange to me that schools sponsoring athletic programs have made tables full of delicious but totally non-nutritious food that no true athlete would ever come within 10 miles of. But, I'm not going to say anything — my mother taught me not to talk with my mouth full.



Jack Buck

Do you know Jack?

Book chronicles legendary broadcaster's life

By Mike Elder
Staff writer

It was meant as a compliment, but KMOX broadcaster Jack Buck set it for former St. Louis Cardinals manager Whitey Herzog when he wrote that Herzog was the "smartest baseball man I ever met" in his recently released book, "Jack Buck: That's a Winner."

"One of my old teachers saw that and said, 'I knew Mr. Buck was getting semi-retired,' cracked Herring at a book signing in Buck's honor at the Missouri Athletic Club last week.

"Jack Buck: That's a Winner"
Price: \$24.95

Herzog's story got a big laugh from the crowd that attended the event, which was presented April 1 by the MAC to celebrate the publishing of the book, which was co-authored by Rob Rains and Bob Broeg.

The book, now available in hardcover for \$24.95 in local book stores, details Buck's amazing life that included growing up during the Great Depression, fighting

in Germany in World War II and his distinguished broadcasting career, the highlight of which came when he was inducted into the Hall of Fame in 1987.

"You're in for one wonderful reading experience," said KMOX broadcaster Charlie Brennan, who emceed at the dinner.

"This guy has so many good stories."

One of the funnier ones, which Buck writes about in his book and was played by tape at the dinner, involved right comedian Jonathan Winters, an old friend

(See BUCK, Page 4B)

2 new endeavors in the Cards

Redbirds to nest in new facility

By Brian Bretsch
Staff writer

Jumping Jupiter. The St. Louis Cardinals' future home for spring training will be behind the scenes.

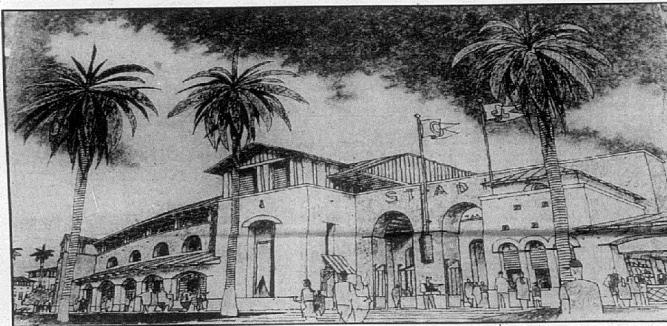
By now, every Cardinals fan knows this was the last spring in St. Petersburg, Fla., for the Redbirds.

After more than 50 years at Al Lang Stadium, the Cards are moving further south and to the east side of the Sunshine State to Jupiter, Fla.

Al Lang Stadium will not sit empty very long. It will eventually house the Tampa Bay Devil Rays, the expansion team that began play in the American League next season.

Not much is known about the Redbirds' new home, except where it is located on the Atlantic side of the state and three

(See MOVE, Page 2B)



An artist's rendering of the Cardinals new spring training facility in Jupiter, Fla.

Storm stops meet

By Patrick C. Heston
Staff writer

They came from four states. From as far North as Chicago. From Indiana, Missouri and Kentucky. They were among the best track and field programs and performers in the nation. But the winner of Saturday's Jackie Joyner-Kersee Relays at Clyde C. Jordan Stadium in East St. Louis came from the West.

It arrived before any of the schools and remained after most left. The reason was the weather.

Lincoln High School girls track coach Nino Fennoy said that the decision was made with only the athletes' safety in mind.

Heavy rains and strong winds, coupled with standing water on the four turns of the track that defied efforts to shovel a make-shift drainage system, forced the cancellation of the much anticipated event.

Lincoln High School girls track coach Nino Fennoy said that the decision was made with only the athletes' safety in mind.

(See RAIN, Page 4B)



Jackie Joyner-Kersee

Turner should bring grit back to U of I gridiron

Folks like Melba Fischer of Belleville, who for several years has held a golf tournament in memory of her husband, Lyle, with proceeds to the U of I football scholarship fund, the recent visit of new Illini football Coach Ron Turner was most appreciated.

Actually, Turner's visit to the annual St. Louis Institute at Belleville East could be termed a "Jed-send." Had it not been for the efforts of Regional Superintendent D.L. Johnson, the occasion might have been ignored and not used to introduce Turner to the Southwestern Illinois Area.

Even more impressive was that Deits extended a welcome to Dr. Johnson, the associate director of communications at Illinois, who served as a most sensible lead to the coach in charge of recharging U of I.

Hired Dec. 1, Turner got a late start in the recruiting wars but wasted no time in telling his Belleville audience that he "would like to be strong in recruiting the St. Louis Area."

When I introduced myself to Turner, I found him very energetic and delighted when I reminded him "you are in Illini country."

I also told him that while athletes like Furry Wells, Herschel Johnson and Nate Hodel had gone from East to Illinois in recent years, there were plenty of folks like Mrs. Fischer, who keep beating a drum for More U of I contact.

Supporting my first impressions were those of two former Illini athletes, Dennis Pace and Dick Stone, teachers of physical education at O'Fallon High.

"He was very professional," former Illini basketball player (See ART, Page 3B)

No horsing around: Gall on winning track to those regular visitors to Fairmount Park

By Brian Bretsch
Staff writer

Regrets at Fairmount Park

Gall, who has made thousands of winners out of spectators who wager on the thoroughbred horse racing, is a horse that is easy enough to overlook other thoroughbreds in the race and simply select the horse that Gall is riding even if the horse is not the favorite.

He is a horse that has raced at Fairmount Park since 1959, is a fourth winningest jockey of all time.

Gall, who has raced at Fairmount Park since 1959, is the fourth winningest jockey of all time.

On Sept. 28 of last year, Gall

became the fourth jockey to reach the \$100,000 plateau when he won riding A.J. Onray in the fourth race at Fairmount Park.

However, the very next day, he suffered a broken left ankle as he was boarding Fly Legion in the No. 1 gate.

The injury kept Gall out of the saddle for a month while he was rehabilitated from his Edwardsville home. Doctors had to place screws in his ankles for support.

The injury also kept Gall (See WINNING, Page 4B)

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Fellowship Of Christian Athletes

The tenth annual Fellowship of Christian Athletes brunch will be held at 10 a.m. Saturday, April 19, 1997 at the Frontenac Hilton Hotel. A single ticket may be purchased for \$20 or a table of eight for \$160. Proceeds go to the first serve basis. Speaker for the brunch is four-time Olympian Madeline Mims. Her Olympic achievements include a gold medal in the 100 meters at the 1968 Olympics in Mexico City and a silver medal in the 4 x 400 relay at the 1972 Munich Olympics. Madeline coached the U.S. Olympic Women's track team in 1972, 1976 and

1980. She also served as chaplain at the 1996 games in Atlanta. Payment should be made to: The Fellowship of Christian Athletes, 10 S. Brentwood Blvd., Suite 8, St. Louis, MO 63105. For more information, call the FCA office at (314) 363-3222.

Football and Baseball Camp

The Greater St. Louis Area Fellowship of Christian Athletes announces its football camp (July 23-27) and its baseball camp (July 27-30) for young athletes. The football camp staff includes Scott Swart, head coach, and coaches at Wentzville High School; Larry Kindhorn, head coach at Washington University; and Carolina Panther Bob Christian. Staff at the baseball camp include Kevin Bowers, head baseball coach at New Seckman High School and many others. Cost for each camp is \$150. For more information, contact the FCA office at (314) 363-3222.

St. Louis Soccer Academy

Bob Warming's St. Louis Soccer Academy will hold several summer camps for boys this year.

The Elite Academy, for boys ages 13-19, is scheduled for July 20-24. The Advanced Academy, for boys ages 8-14, meets July 27-31. The Goal Scoring and Goal Keeping Academy, for boys ages 10-19, July 24-26. The Goalie Spectacular, Training Academies and Street Times — July 20-24, July 24-26, and July 27-31 — and open boys ages 10-19.

For more information or an application, call (314) 977-2266 or write to: St. Louis Soccer Academy, 3672 West Pine Boulevard, St. Louis, Mo., 63108.

Bryan Adrian camp

Final registration is now being taken for the 19th annual Bryan Adrian Summer Basketball Camp. Boys and girls ages 6-14 are eligible.

Included among the 1997 summer camp staff are Tim

Duncan (Wake Forest), Jerry Stackhouse (Duke), Steve Smith (Carolina) and Harold Deane (Virginia). Locations for the camp include Georgetown, Ky., Elizabethtown, Ky., Louisville, Ky., Bristol, Tenn., Pulaski, Tenn., Gainesville, Ga., Spartanburg, S.C., Charlotte, N.C., Greensboro, N.C., Hickory, N.C., Concord, N.C., Elkin, N.C., Greenville, S.C., Leland, N.C., Raleigh, N.C., and Gastonia, N.C.

For a free brochure, call (704) 372-3236.

Madison Khouri League

Madison youths ages 6-18 may register for Khouri League this year. The Madison Recreation Center, 7th and Lee Streets, on Friday, April 11, Saturday, April 12, and Monday, April 14.

Summer registration will be held 10 a.m. to noon. Registration for the other dates will be held 5:30-8 p.m. The fee is \$30. For more information, call James Gardner at 451-0908.

Madison softball

The Madison Park and Recreation Department is accepting teams for Tuesday, Wednesday and Thursday night games, as well as for Friday night coed games. The coed fee is \$25. Teams will be selected on a first come, first serve basis.

Only a few openings remain. For more information, call Jim Broadway at 451-1440.

Women's golf

A women's golf league for play on Mondays will be held at Grand Marais Golf Course in Centreville this year. The season will run from April 1 to Sept. 29. Tee times begin at 4:30 p.m., and the league fee of \$25 will cover handicap fee and prizes.

For more information, call Barb Taylor at 398-9999.

Bantam tournament

The Chestertield (Mo.) Community Association added a 16-team Bantam I level to its Independence Day holiday baseball tournament to be held July 3-6. The open tournament still has a few slots remaining in the other three divisions: Atom 2, Bantam II and Midget II.

There is a three-game guarantee. The team entry fee is \$140. Call Mike Cremer (314-519-9830) or Joe Maas (314-458-8827) for more information.

Cardinals Team of the Week

Sponsored by
Alliance BlueCross BlueShield



The Twin Echo Eagles captured the Collinsville sixth-grade basketball championship this year. Team members include (front row from left) Chris Hulsey, Steve Schultz, Aaron Dye, Paul Maloney, James Alexander and (back row) Nathan Bailey, Marcus Clegg, Jordan Smith, Charmaine Williams and Mike Benson. Twin Echo is coached by Kevin Stirneman.

•Art

(Continued from Page 1B)

Pace said of Turner, "He's coming up to some kind of 'rab-rab' position and seemed to analyze his situation."

Stone, a former defensive tackle for the Illini, was equipped and armed with Turner's early commitment that has him following student-athletes to classes and to study session.

"He knows there has to be an element of winning, including selecting a coaching staff," said Stone, who complained of a "too predictable offense" last season when the U of I was 2-9 overall and 1-7 in the Big Ten conference under Coach Lou Tepper.

"The new coach admitted he has set a national championship as a goal, but he was honest enough to say, 'That's a little above our heads at this time,'" said Stone.

Meanwhile, Turner, a former Chicago Bears offensive coordinator, has moved at a more modest impact improving the offensive line.

"The big area we identified in recruiting was getting big guys on both sides of the ball, but primarily the offensive side," said Turner.

The Illini will include 6-foot-5, 345-pound Jay Kulaga of Seminole, Fla., 6-4, 255-pound Luke Butkus of Chicago Heights, Ill., 6-4, 250-pound of Illini great Dick Butkus, 6-7, 255-pound Dan Cutter of Tampa, Fla., 6-3, 275-pound Ray Redziniak of Clark, N.J., and 6-6, 327-pound Matt Carlton, a transfer from the College of a DuPage.

Will players like the mean machine be something big for Illinois football? Illinois fans certainly hope so, especially after the coaching efforts in men's and women's basketball at this time," said Stone.

OVERTIME: Turner is not the only collegiate football coach in the state entering a rebuilding phase.

At SIU-Carbondale, Jan Quarles, the Salukis' fourth coach in 10 years, also is in the midst of spring drills.

By coincidence, one of the 68 position players to return to practice at SIU is Aaron Stone, son of Dick Stone. Aaron Stone was redshirted as a freshman after an outstanding career as a tight end at O'Fallon High.

Ten starters — five on offense and four on defense and a placekicker — return for the Salukis. Kent Skelton, a quarterback transfer from the University of Missouri, is one of five transfer students eligible to participate in the spring drills that are scheduled to culminate with an April 19 scrimmage.

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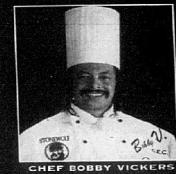
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Hey Cardinals Fans, It's Family Night!

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Get the gang together and head down to Busch Stadium to see the Cardinals play the Colorado Rockies, Friday, April 25.

Buy one KIDS TICKET
get one FREE!

Valid for one child age 15 & under on April 25. Purchase 1 child's Terrace Reserved Outfield or Upper Terrace Reserved Seat at regular price and get a 2nd child's Terrace Reserved Outfield or Upper Terrace Reserved Seat free. Cannot be combined with any other discount offer. Can be redeemed at Busch Stadium (mail-in person) & at participating Schnucks Video stores.

YES! Enter my name into the FIRST PITCH CONTEST on April 25.
Mail to: Suburban Journals, 1714 Old Alton Road, St. Louis, MO 63131.
You must be between the ages of 5 and 12 to qualify. Only one winner.
All entries must be received by April 16, 1997.
Name _____

Address _____

Telephone _____

Age _____

Suburban Journals

Cards

(Continued from Page 1B)

Oriented toward benefiting area youth, Cardinals Care will offer outreach programs to the young, including the underprivileged, disabled and otherwise challenged or disadvantaged youth.

Cardinals Care will also conduct fund-raising programs and projects affording fans a special item, experience or opportunity in exchange for donations. All the funds will then be used in support of youth baseball activities and/or the construction and/or maintenance of playing fields for youth baseball. Funds will also be distributed in support of worthy efforts benefiting youth that are being made by a variety of other local non-profit, charitable and

service organizations.

The first fund-raising effort for the Cardinals Care program was the St. Louis Cardinals Winter Warm-Up, a free community event in February at the America's Center. Cardinals manager Tony LaRussa conducted a clinic while many celebrities and Cardinals players signed autographs for donations.

"One thing about Cardinals Care is that it is a true team effort," Lewis said. "The owners, the management with (president) Mark Lamping and (general manager) Mike LaSoty, (minor league) Tony LaSoty and the coaching staff, and the players are all behind this."

The ownership group personally committed \$100,000 as the fund's inaugural benefactors.

•Winning

(Continued from Page 1B)

from possibly surpassing Angel Cordero, Jr. as the third winningest jockey of all-time. During the winter months Gall racing in Chicago.

Gall's misfortunes gives fans at Fairmount Park the opportunity to see some of the best in racing. Cordero and move into the third. Cordero, who is now retired, amassed 7,067 wins. Gall has 7,000 victories—including one already this season—which began March 29 and runs through Oct. 4.

•Buck

(Continued from Page 1B)

of Buck's from his early days working for a television station came into the KMOX booth in Los Angeles a few years ago.

Buck introduced him as Whitey Winters, former big league pitcher, and Winters went into a routine that cracked up the listening audience.

Also sprinkled within Buck's book are his thoughts about the problems that exist in baseball today, along with

Legendary jockey Bill Shoemaker ranks first all-time with 8,833 wins followed by Laffit Pincay, Jr. (8,463) and Cordero (7,067).

There are few records in thoroughbred racing history as prestigious as the 7,000-win plateau," Fairmount Park vice president and general manager Brian Zanes said.

"To achieve beyond that is even more remarkable. We plan to make David's achievement date to remember at Fairmount Park."

Saturdays in April is a good time to bring the children to Fairmount Park at 4:30 p.m.

For more information call Fairmount Park at 436-4300.

some of society's problems.

"Some people will pick up the book expecting it to be just about me," Cordero said. "But it's much more," Rains said.

"It was a tremendous honor to have them listen to his stories," added Rains, who spoke at the dinner along with others such as University of Missouri athletic director Joe Jackson, and NFL Hall of Famer Jackie Smith. "I would sit there and say, 'Come on, tell me the truth.' (Buck) would say, 'It's true.'"

Including the story about him recently parachuting from a plane at the ripe young age of 72, a story that seems like a fable.

"She told me, 'That proves you don't love me; you tried to kill yourself,'" remembered Buck. "I told her that if I wanted to kill myself, I would have found an easier way than jumping out of a plane."

When he found out what the word "Geronimo" meant, he means, who the (heck) pushed me."

"She told me, 'That proves you don't love me; you tried to kill yourself,'" remembered Buck. "I told her that if I wanted to kill myself, I would have found an easier way than jumping out of a plane."

When he found out what the word "Geronimo" meant, he means, who the (heck) pushed me."

For more information call Fairmount Park at 436-4300.

For more information call Fairmount Park at 436-4300.

SPORTS

Rain

(Continued from Page 1B)

"We will not risk injuring athletes," he said flatly. "Our first concern must be and is the safety of the young athletes. Holding this meet is not worth possibly seeing an athlete get for the rest of their career."

Their safety and success for the year is more important than running these relays."

The rain did not stop the day was light, but steady, yet in the whipping wind it stung like sleet. The elementary meets were canceled almost immediately and so was the hammer, the long jump and triple jump.

But with the forecast calling for a let-up by noon, the preliminary and semifinal heats were in hopes of completing all events. But during the varsity running of the 3200 relay, the rains became torrential, the temperatures dropped and cancellation was the only realistic option.

"Everything happens for a reason," said Fennoy, "and we have to make the decision so that the young people can have the opportunity to have a great outdoor season."

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Middle School
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Over 500,000 new cases of skin cancer are reported every year. Fortunately, skin cancer is one of the most treatable and curable forms of cancer provided it's discovered early.

Memorial Hospital's Skin Cancer Screening Program is an outpatient service designed to help you detect pre-cancerous and/or cancerous skin lesions. Skin cancerous lesions occur most frequently on exposed skin surfaces, such as the head, arms and legs.

Memorial Hospital's Skin Cancer Screening physicians — members of Memorial's Medical Staff who are volunteering their services for this screening — will examine the head, arms and legs for suspicious skin lesions. Any other areas of concern will be examined at the patient's request.

Screenings are conducted by appointment only. If you are on a restricted time, schedule, please understand there may be a brief wait before being seen by the physician.

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FAMILY**Central raises funds for Habitat**

Glenn Rivenburgh, kneeling, left, and Mary Kay Borger buy "building blocks" from their Middle School Sunday School class at Central Christian Church. From left to right are Cory Clayton, Megan Gibbs, Ashley Rivenburgh, Matt Davis and Jared Skouby.

Roger Zollars, local representative from Central Church (Disciples of Christ), for the 1997 St. Louis Habitat House, announced that pledges and cash on hand as of January was \$45,700.

The amount needed to build the house is \$45,000.

The group is working on collecting an extra \$5,000 in hopes of assisting in building of three more Habitat homes over next year.

Construction of the St. Louis Area Disciples' Habitat House will begin July 1.

East Side Disciples men plan to take over the construction of the house on a Saturday in August.

The crew for a day is 15 to 20 individuals. In addition, there will be a work camp for 15 youths, age 16 and older, in August.

More than 600 applicants to occupy the three houses that

St. Louis Habitat hopes to complete this year met on Jan. 19 to begin their orientations. Half of that number usually qualify, process and others find they are ineligible for a variety of reasons. Finding qualified homeowners is usually a struggle.

Members of that class include Ashley Connolly, Ashleigh Rivenburgh, Megan Gibbs, Cassie Clayton, Matt Davis, Kyle Johnson, Willi Connolly, Jared Skouby, and Cory Clayton.

Their teachers are Glenn Rivenburgh and Mary Kay Borger. If you would like to share in this project, contact any of these individuals. Also checks are welcome to Central Christian Church, and marked "Habitat House," will be greatly appreciated.

Anyone wishing to volunteer in any way in the funding and/or construction of the 1997 St. Louis Habitat House is encouraged to contact Roger Zollars at 656-5438.

Youths in the Middle School class are building a model

College student from Granite City helping the deaf

Winter holidays Around the world were celebrated by seniors majoring in deaf studies teacher education at MacMurray College in Jacksonville during an activity session held for elementary students at the Illinois School for the Deaf in Jacksonville.

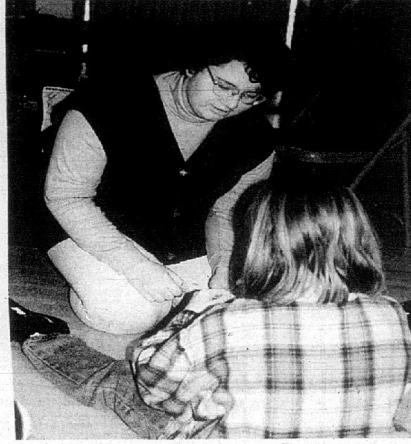
Among the seniors was Abigail E. Long of Granite City.

Long is the daughter of Debra and Mike Long of Las Vegas, Nev., and Melvin Long, of Granite City and is a 1993 graduate of Belleville East High School.

MacMurray, a 150-year-old liberal arts college, is nationally known for its deaf studies program.

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MacMurray senior Abigail E. Long of Granite City helps a student make a necklace for Kwanzaa, an African-American celebration.

Wedding Memories
A special tribute to couples wed from 1900-1997 will appear on Sunday, April 27

Wedding Memories

General Dept., Suburban Journals, 1714 Deer Tracks Trail, St. Louis, MO 63131
Names of Bride & Groom _____ Location of wedding _____
Date of Wedding _____ State _____ Zip _____
City _____
Price is year couple wed: \$ _____ Check/Money order or
Visa _____ Mastercard _____ Discover CC# & Exp. _____
Mark the Zone: South _____ West _____ North _____ St. Charles _____ Illinois _____
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99 DAYTONA 2DR	\$4,995
94 GRAND AM 4DR	\$4,995
92 CORTEGE 4DR	\$4,995
99 BERETTA 2DR	\$3,995
91 AEROSTAR EDIE BAUER	\$4,995
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90 NEON HATCH 4DR	\$12,995
95 BREEZE 4DR	\$12,995
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96 CONCORDE 4DR	\$16,995
94 GR CARAVAN SE MINIVAN	\$17,995
96 VOYAGER SE MINIVAN	\$17,995
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95 SEBRING CONV.	\$17,995
96 INTREPID 4DR	\$15,495
95 INTREPID 4DR	\$15,495
93 1500 4X4	\$12,995
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95 CIRRUS LX 2 DR	\$10,995
91 ASTRO EXT	\$6,995
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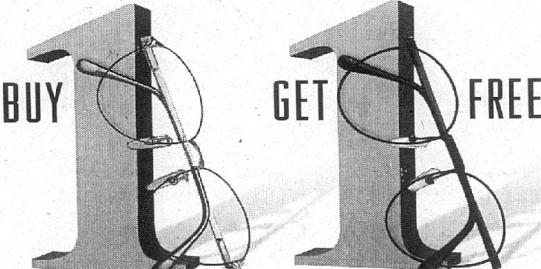
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Present an eye exam receipt from the doctor of optometry at Pearle or any other eye doctor and we'll credit up to \$35.00 off the purchase of a complete pair of glasses (frame & lenses). Excludes EyeBuy's Collection. No other coupons or discounts apply. Coupon must be presented at time of order. Offer valid only at participating locations through 4/26/97.

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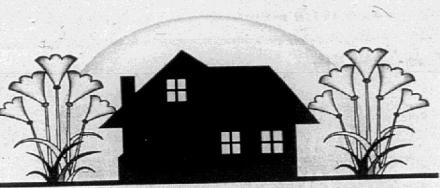
Eye exam available from Julie Sawyer, O.D.

All optometric services performed by a state licensed Optometrist.

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HOME & GARDEN



Sod easily helps in lawn patching

There's a hole in your otherwise very acceptable, if not perfect, lawn.

Maybe the dogs or kids dug a hole.

Maybe you're changing the shape of a garden or flower bed. Or maybe it's from some other thing causing the problem.

Whatever the cause of this unsightly problem, there's a fast, easy and certain solution that's often overlooked by many homeowners.

Whether it's called culturing or turfgrass, turf or just plain sod, this carpet-like grass can turn a hole in a lawn into a whole lot of lawn with just four simple steps, according to the non-profit Turf Resource Center (TRC).

SOIL PREPARATION

An essential first step in the entire process of patching a lawn is proper soil preparation.

This means clearing away all the dead or near-dead grass and possibly squaring up the area, or creating straight lines on all of the sides you are repairing.

Once the area has been defined, maybe by going so far as to lay out lines of the proposed outline of the repair area, you should loosen the soil by spading or roto-tilling larger areas.

Rake the surface smooth and remove any large clods, roots, weeds or other debris to achieve a level surface that maintains the original slope.

A helpful tip from TRC is to make sure that when the final raking is in progress, the soil should be about one inch below any sidewalks or driveway surfaces as well as

the area where the new sod will come into contact with the existing grass. When the new sod is installed, it will be at the same height as the surrounding surface purchased.

Otherwise, the new sod may be too high or too low, creating new problems that could have been easily avoided.

MEASURING AND BUYING SOD

Once the area is prepared, the area should be carefully measured so that the correct amount of turfgrass sod can be purchased.

In larger areas, sod is sold by the square foot or square yard, with a single roll measuring approximately one square yard, or nine square feet.

Slabs or folded pieces of sod available in most areas will not be as large, but the dimensions will be uniform and the total amount of sod can be easily calculated at the turfgrass sod farm or retail garden center.

If the "ground under repair" is relatively small, say less than 10 square yards, you may simply cut the sod into the trunk of a larger car; however, if the trunk is small or the repair area large, you may have to make several trips of have the sod delivered.

Calling ahead to the farm or nursery to ensure you can obtain the quantity and type of sod you need is always recommended.

If the sod will be delivered, advance time is even more important and you may have to pay a separate delivery charge on very small quantities.

So that the new grass closely matches the existing lawn, it's a good idea to take a small piece of the existing grass to the sod purchased.

However, attempting to match even known varieties may prove impossible because of irregularities in growing conditions that continue to take place almost every year.

SOFTEN INSTALLATION

Because turfgrass sod is a living plant, TRC recommends that it be installed in 24 hours or less and watered within 30 minutes after installation.

In smaller areas, sod is sold by the square foot or square yard, with a single roll measuring approximately one square yard, or nine square feet.

Slabs or folded pieces of sod available in most areas will not be as large, but the dimensions will be uniform and the total amount of sod can be easily calculated at the turfgrass sod farm or retail garden center.

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Calling ahead to the farm or nursery to ensure you can obtain the quantity and type of sod you need is always recommended.

If the sod will be delivered, advance time is even more important and you may have to pay a separate delivery charge on very small quantities.

A sharp utility, hunting or butcher knife should be used to cut pieces to fit the pattern.

This is most easily done by placing an oversized piece in place, folding it back with your hands to trim and then cutting the piece from the root-side.

This method reduces ripping of the sod and leaves a nice straight finished edge.

WATERING AND WATER

With the sod firmly in place, the last step is the easiest yet perhaps the most important: watering.

You need to apply enough water to new sod so the soil beneath the sod is thoroughly wet.

As noted earlier, watering should be done within 30 minutes after installation.

If the base soil isn't thoroughly wet, keep watering. Watering, or more accurately, spraying, extremely hot water for approximately two weeks or until the sod is firmly rooted.

Again, gently lifting a corner of the sod a few days will reveal how well the sod is rooting. Within a week, light tugging, without actually lifting the sod, will tell you the sod is rooted.

Turfgrass sod isn't just for whole lawns.

It is also a convenient and simple way to patch small areas. Its major advantage over seeding is that it is virtually instant.

For more information about turfgrass sod installation and other turf care tips, the Turf Resource Center offers a variety of computerized resources.

Send requests to TRC, Dept. H-14, 1655-A Hicks Dept., HI-4, 1655-A Hicks Dept., Rolling Meadows, IL 60066.

Operation Brightside offers daffodil bulbs

Though fall is the time to plant daffodil bulbs, now is a good time to get on Operation Brightside's mailing list. Daffodil and tulip bulbs are available at a nominal cost to anyone in the St. Louis metropolitan area.

Call 781-4554. Order forms and planting information will be mailed in late summer.

Operation Brightside, an

agency of the City of St. Louis, is responsible for the 12 million daffodils that have bloomed along the city's Interstates 64 (Highway 40), 70 and 55. Workers planted 350,000 daffodil bulbs last fall. New bulbs have been planted each year since the project began in 1985 in order to replace bulbs that died or failed to divide properly.

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scheduled for
April 10, 11 and
12, 1997.

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OBITUARIES

Toth, Kenna
Kenna Toth, 80, of Collinville, former City, died at 10:45 April 3, 1997, at Barnes Hospital.

Mrs. Toth was born in St. Louis as an only child. She was employed as a stenographer for St. Louis Electric Company for four years and was a member of Grace Baptist Church in Granite City.

Survivors include her husband, Tom Toth, who resides in Granite City; a son, John Gwin, and his wife, Linda, of Granite City; a daughter, Karen Krueger, of Granite City; a brother, Jim Toth, of Granite City; and a grandmother, Reola.

Services were held at Irwin Chapel, Rockwood Chapel, John Gwin Chapel, and Officiating Burial Hill Memorial Estate.

Memorials are suggested to the Toth Memorial Fund, 63103 St. Louis, MO 63103.

Owens, Jesse
Jesse A. Owens, 77, of Granite City, died April 7, 1997, in Granite City.

Mr. Owens retired from Granite City Schools 25 years ago as a custodian.

Survivors include his wife, Betty Keefer of Granite City, and a son, Robert Keefer, and a daughter, Linda Keefer, both of Granite City.

He was preceded in death by his first wife, Anna, and his second wife, and who died in 1986, his wife, Virginia (Fleming) whom he married in 1941 and died in 1986; his son, Robert, and a daughter, Linda, both of Arizona (Casa Grande). He is survived by three brothers, Robert, Fred, and Ruth Akers, Fern Rattner, Vivian Miller, and Vernon Williams.

Services will be held at the Wedge Chapel on May 11.

Memorials are scheduled for April 10, 11, and 12, 1997.

Gaughan, M.
Mrs. MARY GAUGHAN, 73, of Granite City, died Friday, April 4, 1997. Her death was sudden.

Mrs. Gaughan was born November 11, 1923, in Madison County, Ill., and was the widow of former Mayor

George Gaughan.

Services will be held at the Wedge Chapel on May 11.

Memorials are suggested to the American Cancer Society.

Gaughan, M.
Mrs. MARY GAUGHAN, 73, of Granite City, died Friday, April 4, 1997. Her death was sudden.

Mrs. Gaughan was born November 11, 1923, in Madison County, Ill., and was the widow of former Mayor

George Gaughan.

Services will be held at the Wedge Chapel on May 11.

Memorials are suggested to the American Cancer Society.

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NEWS

OBITUARIES

Toth, Kenna Jean
COLLINSVILLE, formerly of TOTH, 33, of Collinsville, formerly of Granite City, died at 10:43 p.m. Thursday, April 3, 1997, at Barnes Hospital in St. Louis, following a two-year illness. She was born Aug. 2, 1963, in Granite City.

Survivors include her husband, Tom Toth, whom she married Aug. 2, 1986; son, Kenneth and Jean (Howell) Corzine; one son, Tyler Knight of Collinsville; one daughter, Kristy of Collinsville; brother, Dusty Ragedale of Granite City; and her maternal grandmother, Reeta Howell of Granite City.

Services were held Monday, April 7, at Irwin Chapel, 3960 Maryville Road, Granite City, officiated by Rev. Bill Fisherlaff. Burial was at Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to the Kenna Toth Memorial Fund, c/o Irwin Chapel, 3960 Maryville Road, St. Louis, 63103, or Grace Baptist Church, 2600 Edwards, Granite City.

Owens, Jesse A.

JESSE A. OWENS, 52, of Granite City, died Saturday, April 5, 1997, in Mountain View, Calif.

Mr. Owens retired in 1975 from Granite City School District 9 after 25 years as a custodian. He was of the Lutheran faith.

Survivors include two daughters, Betty Kesseler of Mountain View, Fla.; a brother, Roy of St. Louis; a brother, Lige Owens of Ponoma, Mo.; one sister, Ruby Beasley of Garden City, Mo.; seven grandchildren and a great-grandchild.

He was preceded in death by his first wife, Anna May (Means) Kesseler, whom he married in 1965 and who died in 1942; his second wife, Virginia (Ransom) Owens, whom he married in 1966; and, in 1988, his parents, Benjamin and Arizona (Cartwright) Owens; three brothers, Tommy, Morris and Robert; and three sisters, Ruth Akers, Fern Ratterree and Florence Ratterree.

Visitation will be from 9-11:30 a.m. today, Wednesday, at Irwin Chapel on Pontoon Road. Services are scheduled for 1:30 p.m. today, at Irwin Chapel, 3960 Maryville Road, with the Rev. William Engfehr III officiating. Burial will be at Irwin Memorial Gardens in Fairview Heights.

Memorials are suggested to the American Cancer Society.

Gaughan, Mary Ann

MARY ANN (MILLER) GAUGHAN, 73, of Granite City died at 3:53 a.m. Friday, April 4, 1997, at her residence, which was born Sept. 11, 1923, in Madison.

Mrs. Gaughan, a homemaker and namesake of the Granite City area, was the first woman to serve on the Madison County Board, appointed by former Mayor Donald Partney to

fill the unexpired term of her husband. Survivors include one daughter, Judy A. Gaughan of Granite City; one son, Robert E. Gaughan of Granite City; two brothers, Edward and Frank F. Miller of Louisville, Ky.; one granddaughter, Linda Knoblock of Granite City and Frank F. Miller of Louisville, Ky.; and one granddaughter.

She was preceded in death by her husband, Robert O. Gaughan, who died Jan. 16, 1965; her parents, Edward and Mary (Bukovac) Gaughan; and one sister, Laura F. Boyd.

Services were held Monday, April 7, at Holy Trinity Catholic Church, 100 W. Madison, with the Rev. Bill Fisherlaff officiating. Burial was at Calvary Cemetery in Glen Carbon.

Arrangements were handled by Irwin Chapel, 3960 Maryville Road, Granite City.

Davidson, Maynard W. AND W. DAVIDSON, 85, of Granite Ark., formerly of Granite City, died Thursday, April 3, 1997, in Granite City.

Mr. Davidson was born Oct. 18, 1911, in Granite City and resided here for 85 years.

Davidson retired from the former Union Starch-Miles Company as director of purchasing. He was a member of Granite City Masonic Lodge.

Survivors include his wife, James L. David; son, one daughter, Judith Hancock; and four grandchildren.

Services were held Friday, April 4, at Gonzalez Funeral Home in Tampa, Fla.

Kisela, Diana

DIANA KISELA, 44, of Granite City, died at 3:10 p.m. Thursday, April 3, 1997, at St. Elizabeth Medical Center in Granite City.

Mrs. Kisela was a homemaker and a member of the Granite City Center for the Arts.

Survivors include three sons, David Wright, Donnie Meadows and Nicholas Kisela, all of Granite City; three brothers, Robert, Ralph and Gary North, all of Granite City; and a son-in-law, Mike Stokes, both of Belleville;

one daughter, Theresa Winterbauer of West Franklin; two brothers in law, Jim and Zora Johnson of Belleville; 12 grandchildren and 15 great-grandchildren.

She was preceded in death by her husband, Mitchell Nagy, whom she married in 1936 and who died in 1978; her parents, Jake and Melinda (Poroznia) Zemke; and her daughter, Mary Nagy.

Services were held Monday, April 7, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. Brian Caughan officiating. Burial was at Mount Carmel Cemetery in Belleville.

Hoxsey, Dwain E. DWAIN E. HOXSEY, 70, of Granite City died at 10:49 p.m. Saturday, April 5, 1997, at St. Elizabeth Medical Center in Granite City following a one-year illness. He was born Oct. 2, 1926, in Granite City and was a lifelong resident.

Mr. Hoxsey, a native of Granite City, was a crane man and was a member of Bethel Chapel in Granite City.

Survivors include his wife, Thelma (Shaver) Hoxsey, whom he married Sept. 3, 1954; one son, Chuck Hoxsey of Granite City; one son, Carol Burgess of Collinsville; one brother, Peter Hoxsey of Catavissia, Mo.; three sisters, Dorothy Baldwin and Ruby Arnett, both of Granite City, and Grace Robinson

of Granite City; and three grandchildren.

He was preceded in death by his parents, George and Ethel (Glyer) Hoxsey; three brothers, Earl, Bud and Dan Hoxsey; and one sister, Gilreath.

Services were held Tuesday, April 8, at Werner Chapel, 3960 Pontoon Beach, with the Rev. Leon Bell officiating. Burial was at Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Bethel Chapel, 2445 Ohio, Granite City.

Schmiege, Nelinva

NELINVIA (WAGNER) SCHMIEGE, 89, of Collinsville, formerly of Granite City, died at 12:58 p.m. Sunday, April 6, 1997, at St. Elizabeth Hospital in Granite City. She was born Aug. 29, 1908, in Pearl.

Mr. Schmiege was former owner-operator of The Crowning Glory Hair Salon in Granite City. She was a 36-year member of BAWP of Collinsville; former member of White Shrine of Jerusalem; past president of the Knights of Columbus of Collinsville; charter member of the "Channel Tamers" CB Club in Granite City.

Services are scheduled for 4 to 8 p.m. Friday at Thomas Mortuary, 100 W. Madison, with the Rev. Jim Keffer officiating. Burial will be at Calvary Cemetery in Glen Carbon.

Memorials are suggested to St. Mary Catholic Church in Madison.

Nagy, Ruth S.

RUTH S. (ZEMITUS) NAGY, 88, of Granite City died at 2:52 p.m. Saturday, April 5, 1997, at St. Elizabeth Medical Center in Granite City. She was born Sept. 22, 1910, in Shiloh.

Survivors include her husband, Vito Nagy, whom she married Sept. 12, 1951; two sons, Richard Coulson of Collinsville, and C. Edward Coulson of Granite City; two brothers, Tate Butler of Richmond, Ky., and Clarence Butler of Granite City; five grandchildren and four great-grandchildren.

She was preceded in death by her parents, Marie (Butler) Nagy and Alvin (Arlene) Nagy; two brothers, Anna (Davis) Butler; two brothers, Anna and David Butler; and four sisters, Edna Butler, Florence (Flossie) Duval and Frances Westbrook.

Services are scheduled for 10 a.m. Saturday, Wednesday, April 12, at Herr Funeral Home, 501 W. Main, Collinsville, with the Rev. Dale Clemmons officiating. Burial will be at Sunbeam Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Mount Carmel Catholic Church, 1496 Vandalia, Collinsville.

Freeman, Lester F.

LESTER F. FREEMAN, 72, of Livingston, died at 8:50 a.m. Friday, April 4, 1997, at his residence. He was born March 19, 1925, in Granite City.

Mr. Freeman served as a private first class in the U.S. Army from 1943 to 1946. After discharge, he worked in 1946 at the Granite City Steel after 23 years as a militiaman. He was a member of Granite City and the Knights of Columbus of Granite City. Edwardsville Moose Lodge 1561, John J. Silka American Legion Post 189 in Livingood Woods, Olmstead, Clinton, and Woodruff VFW Post 2859; and former member of Staunton Sportsman's Club and Bird Game Association.

Survivors include his wife, M. Loraine (Hughes) Freeman, whom he married June 24, 1946, in Birmingham, Miss.; one son, Joseph Freeman of Livingston; one daughter, Crystal Freeman of Granite City; two brothers, Mary Escher of Troy and Ross Murphy of St. Jacob; and five grandchildren.

He was preceded in death by his parents, Henry G. and Ruby C. (Rhodes) Freeman, and three brothers, Paul, Phillip, Franklin, Frank Cox and Berry Farrar.

Services will be held Monday, April 7, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. Ernest Allard officiating. Burial was at Spanish Ridge Cemetery in Granite City.

Memorials are suggested to the American Cancer Society or the

of St. Louis; and three grandchildren.

He was preceded in death by his parents, George and Ethel (Glyer) Hoxsey; three brothers, Earl, Bud and Dan Hoxsey; and one sister, Gilreath.

Services were held Tuesday, April 8, at Werner Chapel, 3960 Pontoon Beach, with the Rev. Leon Bell officiating. Burial was at Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Bethel Chapel, 2445 Ohio, Granite City.

Willis, Neal E.

NEAL E. WILLIS, 47, of Alton died at 11:56 a.m. Monday, April 7, 1997, at St. Elizabeth Medical Center in Granite City. He was born Feb. 19, 1950, in St. Louis.

Mr. Willis was employed by Howards in St. Louis as a chauffeur.

Survivors include two brothers, Franklin Willis of St. Peters, Mo., and Lloyd Willis of St. Louis; one sister, June Wienhoff of Granite City; and twelve nieces and nephews.

He was preceded in death by his parents, Elmer L. and Viola (Crabb) Willis.

No visitation or service was held. The body was cremated. Burial of the ashes was at Paxico City Cemetery in Paxico.

Memorials are suggested to the Diabetes Association or the charity of the donor's choice.

Arrangements were handled by Irwin Chapel, 3960 Maryville Road, Granite City.

David Knight will speak at Shrine

Does your spiritual life need a boost? Dr. David Knight will be featured speaker at the Shrine of Our Lady of the Immaculate Conception, 700 N. Main, Friday, April 18, in the Dooley Center.

Knight is an internationally recognized authority on both religious life and the spirituality of the laity. He has written 32 books and created 100 programs of Sacred Heart Church and Spiritual Director of the Hispanic Community of Memphis.

Registration is \$7, and advance registration is suggested.

For additional information contact June Bricker at the Shrine, 397-6700.

BAC in running for \$1.7 million grant

By Cheryl A. Moody
Staff writer

dents, O'Dell said at-risk students covered a wide spectrum including adults returning to college, GED graduates, people requiring remedial help in math and science, students trying to effectively work full-time while attending college and others.

The grant will also be used to strengthen institutional management, developing and implementing an integrated management information system.

Friedrich said some items under the second activity have already been completed since the grant's initial submission two to three years ago.

"We will have to re-examine what we said in the grant," said Friedrich.

Grant funds will allow for the completion of the BAC Foundation's Healthy YOU program. College officials are still waiting confirmation from the U.S. Department of Education on the final grant amount.

College officials plan to use the grant to strengthen academic quality and student success through a new "student success" and retention program.

The new program will allow for the implementation of new services and programs to increase student success through a computer-aided basic skills program and companion student retention program.

According to Vice President of Research and Organizational Development Larry Friedrich, the student retention program is designed to minimize student dropouts and increase graduation rates of BAC students.

The computer skills and student retention program will be oriented towards at-risk stu-

dents.

"It will be a menu-driven system," said Friedrich.

"We're very excited to get this grant. It will provide basic educational tools that will help the students," said O'Dell.

Masters concert, auction is April 26 in Belleville

By Kimberly Haas
Staff writer

very, very pleasant to listen to," Carol Warner, co-chairwoman of the Salute, said.

The benefit will begin at 7 p.m. with a silent auction, followed by a live auction, with Noonan's concert starting at 8:15 p.m.

At 9:30 p.m., NewsChannel 5's Tom Paxton will emcee an oral auction of four unique pieces of artwork, including a winner from last year's Midwest Salute to the Masters watercolor by Tracy Reed of California who was deemed the \$1,000 winner by the Salute's Art Council for 1996 and will be up for the auction to benefit the benefit.

Entitled "An Evening on the Left Bank," the April 26 concert will feature pianist Peter T. Noonan.

The concert and auction will be held at the Scottish Rite Masonic Bodies of Illinois, 1267 N. 57th Street in Belleville.

"It's kind of new age. It's

hand-painted silk, fused glass jewelry and framed works of art are some of the other items which will be available.

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FAMILY

Haglers are honored

Bethesda Baptist Church, 2028 Nameoki Drive, Granite City has set aside Sunday, April 13, from 2-4 p.m. as a time to honor Clarence and Evelyn Hagler for their faithful service to the church over the years. The Haglers are charter members of the local church.

"The event will include a light luncheon, family and friends and those who have known the Haglers over the years are encouraged to drop by and help the Haglers celebrate," said Luther Abbott, pastor of the church.

It was in the Hagler's home back in 1952 that prayer meetings were held before the church being built in North Granite. From those prayer meetings stemmed the idea for the need of a church in that area.

The Haglers have held many positions in the church over the years and to this day they are very faithful members. Their donations support the church. Mrs. Hagler continues to teach preschoolers in Sunday School. "The Haglers, like most people their age, are very active health-wise but it is very seldom that Mrs. Hagler is absent from her Sunday teaching position unless she is in the hospital," added pastor Abbott.

Clarence and Evelyn Hagler

Abbott.

"It's not often we find people like the Haglers who have been with a church from the very beginning and have stuck in there when it might have been easier to pick up and go elsewhere. They are pillars in the church all along and we, the church, decided it was time to recognize them for their faithfulness all these years. And we do invite all those who are acquainted with these fine people to come and celebrate with us on this day," said the Rev. Abbott.



Eagles — Shelley Davidson, left, of the Pontoon Beach Public Library, receives a \$500 check from Golden Eagle Chairman Florence Hagnauer at a recent State Eagles officers' weekend.



Auxiliary President Susan Allen presents Fire Captain Ed Hagnauer with a \$1000 check for the fire department's helmet campaign at a recent State Eagles officers' weekend.

Hutchins to be keynote speaker at SIUE's Peer Review of Teaching program

Pat Hutchins, director of the Teaching Initiative at the American Association for Higher Education, will be the keynote speaker Friday, April 11, at sessions on Peer Review of Teaching and Course Portfolios at Southern Illinois University at Edwardsville.

Sponsored by the Faculty Roles and Responsibilities Committee of the SIUE Office

of the Provost, the sessions will begin at 8 a.m. with a one-hour workshop on Developing a Course Portfolio.

All sessions of the SIUE series will be in the Illinois/Mississippi Room in the University Center.

The sessions are free and open to the public. Dwight Smith may be called for additional information at 692-3639.

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P195/65R15	TOURING T/A SR4	BLK	\$ 59		
P185/65R15	MX4	RRBL	\$ 85		
P185/65R15	MX4	RRBL	\$ 88		
P215/65R15	XV4	RRBL	\$ 92		
P205/70R15	XCT4	RRBL	\$ 92		
P215/65R15	XV4	WW II	\$104		
P235/65R15	MX4	RRBL	\$ 99		
P235/65R15	MX4	RRBL	\$ 99		

SUPER VALUE SAVINGS



RAISED OUTLINE WHITE LETTERS

4 for \$109
(P155/80R13)

INCLUDES
MOUNT, BALANCE,
ROTATION

SIZE	ECONOMY*	45,000 MILE	55,000 MILE	70,000 MILE
P155/80R13	\$27 ²³	\$39	\$49	\$55
P165/80R13	35	44	50	56
P175/80R13	37	45	51	57
P185/80R13	39	46	54	59
P185/75R14	41	47	56	63
P195/75R14	43	51	58	63
P195/70R14	43	48	57	64
P195/70R15	43	53	59	64
P205/75R14	45	51	59	65
P205/75R15	45	54	60	66
P215/75R15	45	54	63	71
P205/70R15	46	54	61	68
P205/70R15	47	55	62	71
P215/75R15	47	57	63	72
P215/70R15	48	58	65	72
P225/75R15	48	58	67	75
P235/75R15	49	59	69	78

RAISED OUTLINE WHITE LETTERS	ECONOMY	PREMIUM ALL SEASON	MUD LUG
P205/75R14/4	\$52 ²³	\$ 71	\$—
P215/75R15/4	66	75	76
P235/75R15/4	68	83	85
P235/75R15 XL	71	85	—
P235/75R15/6	88	103	105
30x9.50R15/6	91	105	106
31x10.50R15/6	96	114	114
32x12.50R15/6	—	133	137
BL215/85R16/8	96	109	—
LT235/85R16/10	99	119	119
LT245/75R16/10	—	120	129
LT265/75R16/6	102	120	125
8.75R16.5/8	102	111	122
9.50R16.5/8	109	124	135

*ETT TAX TREAD MAY VARY Can't Find Your Size? Call for Your Size & Price!



4 FOR \$109
P205/75R14/4

INCLUDES
MOUNT, BALANCE,
ROTATION



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Today's Food

Wednesday, April 9, 1997

Food & Nutrition

Wise Ways

Temporary daughter brings French cooking and food delights to Carol Schlitt's table.

INSIDE

Heart-y Bites

Turkey Reubens move up to healthier standards.

INSIDE

Blue Ribbon Cook

Winning strawberry tart gets light lift from lemon, creamy touch from cream cheese, bit of toasted coconut.

INSIDE

Private Label Test Run

Top-line cookies in the Marquee brand are on shelves at National Super Markets.

INSIDE

Micro Raves

Turn the last of the Easter ham into a winning meal.

INSIDE

Kids' Cuisine

It's up to a parent to teach good mealtime habits. That includes manners. Introducing children to new foods increases the number of foods they potentially eat as adults. Establish rules: Taste every food at least once. If you like what you taste, talk about it; if not, keep quiet.

Health & Fitness

Medicine Chest

The pharmacy holds new alternatives to bitter-tasting products for kids.

INSIDE

Fresh Picks

Garlic is actually a fresh vegetable, which makes it different from its dried or salted forms. Garlic comes in a head of individual cloves. To use it, break off a clove and remove its outer skin. A quick, easy way to do this is to lay it flat on a board, lay the flat part of a knife horizontally over it and smash it with a quick 'whack' of the hand on the knife blade. This releases garlic oils and removes the skin. For full flavor from the skinless clove, garlic can be chopped, minced or put through a garlic press before adding to food.

Big Fat Tip

Nonfat yogurt has veered in the direction of sweet flavors, but it hasn't lost its capacity to complement non-sweet ingredients. Try 1 cup (more or less) plain yogurt with one of the following: 1 teaspoon instant onion or other soup mix, 1 tablespoon or cube of instant bouillon, 1 tablespoon pickle relish, 1 tablespoon tartar sauce, 1 tablespoon each ketchup and brown sugar, 1 teaspoon each prepared mustard and sugar, 1 tablespoon each minced clams and chopped chives, 2 tablespoons diced ham, 1 tablespoon each 1 teaspoon each grated parmesan or mozzarella cheese and ketchup. For a fat-free marinade, place skinless, boneless chicken breast in a mixture of 2 cups yogurt, 2 tablespoons lemon juice and 1 teaspoon pepper or garlic seasoning.

Future Shop

Today's pizza has attitude. Ten top restaurant chains control more than half the market. Frozen pizza accounts for about seven percent. This leaves about 40 percent for local chains, supermarkets and independent operators. In some markets customers design pizza, selecting ingredients by sight while baking is done in full view behind counters. Wraps, alternative crusts and exotic ingredients, like guacamole or baked bean pizza, are imaginative alternatives. Cactus pizza might be the order for a friend who turns 'prickly' or strawberry-and-cream pizza could be delivered to a sweetheart.



Out of Africa

By Janice Denham
Staff writer

Gloria Ekeke looks forward to a party among her Nigerian friends. They always serve Moi Moi, a steamed bean dish she says can be flavored and spiced up or down according to individual tastes.

"Our country is divided into three main areas and all three prepare Moi Moi differently," she says.

When she arrived in the United States in 1987, it took awhile to find ingredients that fit her way of eating. Corn and beans are two foods regularly on tables in Nigerian homes.

"In Nigeria we eat three meals a day, with two main meals, lunch and dinner, which is very late. In the morning middle class families might eat cereal, like corn-

flakes, which are made there. Everyone grows corn. It is roasted outside. Children often eat it between the afternoon meal and dinner," she says.

She lists oranges and guava among fruits Americans would recognize that she picked from local trees in her

SEE SOUL FOOD, INSIDE TODAY'S FOOD PAGE 2

KASHATA NA NAZI

LIVELY TASTE

From the "African Cookbook" by Bea Sandler. Samples of coconut candy and rice bread are sold on Fridays and Saturdays at the entrance to the "Africa" exhibit at the St. Louis Science Center.

In Tanzania this coconut candy is a favorite in the marketplace and in homes. Roasted unsalted peanuts, chopped or whole, or half peanuts and half coconut, can be used as well. It is served at tea time instead of cake or cookies.

In medium, very heavy skillet (iron works well), heat 2 cups sugar, stirring constantly until melted, but not browned. Add 2 cups moist (canned) coconut, 1 teaspoon cinnamon and 1/2 teaspoon salt.

Stir hard about 30 seconds.

Pour into 12-by-9-inch pan lined with waxed paper. While still hot, cut in 1 1/2-inch squares or diamonds. Cool until Kashatas are set.

Todays' Food

Private Label Test Run

Cookies: How do I love thee? Let me count the ways

Mom used to make the best cookies, but she's busy working, so an abundance of baked cookies at the supermarket shelf has made everyone a connoisseur of these roundly sweet morsels.

Judges tried two of the four Marques premium cookies on the shelf at National Super Markets. The peanut butter chip and milk chocolate macadamia nut cookies were chosen for the test, while praline pecan and chocolate chip were left on the shelf for other shoppers.

Testers showed as much about how far cookie preferences have come as how the cookies tasted. There was no overwhelming consensus, more an assortment of individual responses.

Each flavor had admirers.

One, who called himself "a devoted chocoholic," had a singular response to the chocolate chip cookie with macadamia nuts: "Give me a tall glass of milk and that bag is history."

Another tester said, "I like the chocolate-macadamia nut cookies best. The chip are soft and there are plenty of nuts," she said.

Another responded to the chips.

"Those chocolate chips are kind of bland, with no real overwhelming chocolate taste," she said. Another attributed that to using milk chocolate instead of semisweet chips. "I prefer the peanut butter variety. One didn't bother to try anything else."

RECIPE

BARLEY PILAF

1 cups water
1 envelope au jus gravy mix
½ green bell pepper, coarsely diced
½ red bell pepper.

coarsely diced
1 rib celery, sliced
2 tbsp. chopped onion
1 tsp. herb seasoning
1 cup quick-cooking barley

In medium saucepan, combine water, gravy mix, peppers, celery, onion, herb seasoning and barley. Simmer, covered, 12 minutes, stirring occasionally.

Soul Food

Continued from page 1C.
native area.

"Food is very spicy. Even if you're spicy enough, you always bring an extra pepper out with salt, so people can add it if they want it. We use a really hot red pepper. It's not liquid like Tabasco, it's from or made by dried pepper. Once over there every household doesn't have a frog," Ekeke says.

She and her niece, Uguchi Abaribe, prepared Moi Moi and Jollof Rice as part of Friday evening presentation at the St. Louis One Continents, Many Worlds' exhibition visiting the St. Louis Science Center's new Exploradome through May 11. St. Louis is one of 15 cities hosting the exhibit over a five-year period.

The Nigerian-born land is distributed among the tribe, in her case the Igbo tribe.

"Every male has a farm. Your wife goes out to help on the farm, where the majority of the food goes to the family. We rarely buy food outside, except for the markets for fish and things like that," she says.

If the husband dies, a wife receives land temporarily until her son is old enough to have his own and she becomes part of his family.

She says the economy is changing, with costs rising rapidly so many families now must produce enough food so extra can be sold.

Jollof Rice is served many ways. Coconut milk differentiates Ekeke's recipe. It is the main part of a meal with any other component like chicken boiled or fried without breading, served on the side.

She undoubtedly will serve the dishes in 50 days at her own party. That is when she graduates as a registered nurse from Lutheran Medical Center Nursing School.

Garnette Quinones puts the soul of Africa into her own cooking. At another Friday presentation, she showed how her African-American heritage translates onto the kitchen table. Much of the family table from southern states made

"a lot of sense," she says. "A lot of sides made do with what was left from the main table. When I was growing up, we basically couldn't afford to go out and spend a lot of money on foods," she says.

She prepares her grandmother's hot water taffy and candied apples. She laughs about the style of desserts she once ate. "Did you ever see that cake in 'Meet Me in St. Louis'?" she asks. "I stood about 10 feet tall. It was the homemade kind we had."

Boiled custard was a favorite from her grandmother, too. "She put it on top of the roof to get really cold. It

Micro Raves

By BETTY SERATI

Move ham into uses both sublime and simple

Easter baskets are put away and all eggs are still not wimpy. It wasn't too hard and crumbly either, like so many store-bought cookies are," she said.

The crispness of the cookies and their ingredients threw some tasters a curve. A taster who said she prefers chewy cookies, called them "acceptable" for this type.

"Another was enthusiastic. "I could eat these peanut butter cookies all day. They have interest with the chips, not just grease from the chips and peanut butter. I think the chips are better than once you buy them in the store. They taste more like peanut butter than the processing in the chips in a bag," she said.

She thought supermarket cookies have made it and chewy cookies the norm, whereas homemade cookies often turn out crispier, more like the Marquee peanut butter cookie.

One tester lumped both cookies together with her comment.

"Both kinds of cookies are overly crunchy, she said. "I like them a little moister."

Each cookie, typical of the premium variety, has almost 5 grams fat.

"I only tried the peanut butter chip. They were yummy, but for the amount of fat, I'd probably look for a brand that has a bigger cookie. I think they're good though, better than some national brand cookies," a tester said.

It is time to finish it off with the microwave oven and some creativity. Ham is wonderfully versatile. It can satisfy as a main ingredient for a meal or a snack for the day. In addition, it is already cooked and its flavor blends well with a variety of other foods. These recipes also can use leftover ham that has been frozen and thawed in the refrigerator.

One simple use is to use ham instead of tuna or chicken in a favorite casserole. A microwave oven provides the convenience of cool, quick cooking with a minimum of cleanup.

These are uncomplicated recipes for breakfast or brunch, lunch or dinner that use ham.

A white sauce is convenient to make in the microwave oven. It has many uses including Creamed Ham on Toast and Hamm'd-Up Sweet Potatoes. Combo dishes use extra cooked vegetables, too.

Using these ideas as a guide, add individual creativity. Soon the family will request baked ham again — just for the leftovers.

Betty Serati specializes in microwave cooking.

CREAMED HAM ON TOAST

2 tbps. butter or margarine
2 tbsp. flour
1 cup milk
1 cup diced ham
1 cup shredded Swiss cheese
4 to 6 slices, toasted

In medium microwave-safe bowl, cook butter in microwave oven on high power about 30 seconds until melted. Stir in flour. Cook on high power 45 seconds longer. Gradually stir in milk. Cook on high power, stirring occasionally, 3 to 4 minutes until thickened and smooth.

Stir in broccoli, ham and mushrooms. Cook on high power 2 to 2½ minutes until heated through.

Split potatoes and spoon sauce over each.

Makes 4 to 6 servings.

HAMMED-UP SWEET POTATOES

4 sweet potatoes
¼ cup (½ stick) butter or margarine
¼ cup flour
2 cups milk
1 cup cooked, chopped broccoli
1 cup diced ham
1 can (8 oz.) mushroom pieces, drained

Roll each stalk of asparagus in slice of ham. Place rolls side-by-side on microwave-safe plate.

Combine preserves, mustard, mayonnaise and vinegar. Spoon over ham rolls. Cover with waxed paper. Cook on medium-high power 3 to 4 minutes until sauce is bubbly and ham rolls are hot.

Makes 6 servings.

Pharmacy shelf holds new flavors

Parents have been known to be brand loyal when selecting products to treat their children's ailments, like coughs and colds. Even when a generic may be as good for a child, a brand name is selected.

Parental criteria for choosing a product varies. It may include confidence with the product and their child's tolerance of it.

Sometimes there are few alternatives to medicines that taste bad or are hard to swallow, but manufacturers

now offer new flavors and new forms of cough and cold products with children's preferences in mind.

Several Sudafed and some Tylenol products for children are available in new flavors.

A Motrin junior-strength ibuprofen caplets or a Dimetapp Cold and Allergy Quick Dissolve Tablet disintegrates as soon as it goes into a child's mouth.

For a child who needs more than a teaspoon of a medicine, a parent may want to consider a caplet or tablet. This increases the chance of a child taking what is given.

Several medications given to children are dosed on a child's weight. Therefore, knowing how much a child weighs is important.

Registered pharmacist Rebecca Coley is a board member of the Missouri Pharmacists. Questions for her to answer in "Medicine Chest" can be e-mailed to rcoleyle@hstmail.com.

Makes 4 to 6 servings.

els.

When she prepares greens, she chooses mustard, turnip and collard greens and washes them well and removes heavy stems. Cooking — with ham hock or pieces, or bacon — should be done under cover about an hour, or in a slow cooker on low power several hours.

The African exhibit continues during regular Science Center hours.

Admission to the exhibit is \$5.50 for adults, \$4.50 for youths or seniors. A discount is available in advance for groups of six or more. Science Center members and the public can come free from 5 to 9 p.m. Tuesdays. Entry to the science center is free. Recorded information is available at 289-4444 or toll-free 1-800-456-SLSC.

Three Friday lectures at 7 p.m. remain in April.

* On April 11, Leon Hicks of Webster University will trace the history of New York City's Harlem district and its current resurgence.

* On April 18, Jim Miller, Missouri Botanical Garden horticulturist, will lead a horticultural "trip" through the diverse flora of Africa.

* On April 25, Jacqueline Lewis-Harris, St. Louis Art Museum curator, will explain different artistic styles represented in African art.

Reservations are suggest-

ed for the free lectures. In advance, folks can be registered by calling 289-4775; if there is room, walk-ins will be accepted.

MOI MOI

1 bag (1 lb.) black-eyed peas
1 large onion, ground
1 hot pepper, ground
Pinch of salt
Pinch of red pepper
2 to 3 tbsp. oil
4 hard-cooked eggs, cut in small pieces
4 oz. corned beef, ground
Pinch of seasoned salt
Garnish
2 cubes beef or chicken bouillon
Flavor enhancer
(Accent)
Paprika

Soak peas in water overnight. Wash and remove shells. In blender, puree until smooth, adding a little water until it is smooth.

Add onion, hot pepper, salt and red pepper, processing until ground together. Pour into large bowl.

Add oil. Using a spoon, mix in seasoned salt, garnish as desired, bouillon and small amount of flavor enhancer. Mix in egg and corned beef. Add pinch of paprika for color. Add salt, if desired.

Scoop into 2 portions in

plastic sandwich bag. Close tightly. Place in square of aluminum foil and seal.

Steam over boiling water 1½ to 2 hours.

JOLLOF RICE

2 cups uncooked, long grain, white rice
½ cup water
Pinch each of red pepper, thyme, seasoned salt and curry
1 can concentrated coconut milk
Small pieces of cooked ground beef, turkey or chicken
2 tbsp. oil
1 can (6 oz.) tomato paste
1 small onion, chopped

Bring rice and enough water to cover it to boil. Strain, cover and set aside.

In large pot, heat oil. Sauté onion, meat and tomato paste a few minutes until onion is wilted.

Add coconut milk and 2 cups water, depending on consistency of rice desired, and red pepper, thyme, salt and curry. Add more seasonings, if desired. Combine.

Add rice to mixture. Using spoon, smooth top of mixture. Cover. Cook over low to medium heat up to 1 hour.

Blue Ribbon Cook

Lemon tart is winner

Essie Hoffman, Creve Coeur, is winner of this week's recipe contest for Strawberry-Lemon Tart. The prize is dinner certificates from the Pasta House Co.

Recipes for the Green Vegetable Recipe Contest should be postmarked by April 20. Send an entry using any type of green vegetable — like asparagus, spinach, greens, beans, broccoli or lettuce — to: Green Vegetable Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

STRAWBERRY-LEMON TART

Unbaked pastry for 9-inch pie
½ cup granulated sugar
1 ½ tbsp. plus 1 tsp. cornstarch
½ cup water
3 tbsp. lemon juice
1 egg, well beaten
2 tbsp. butter or margarine
3 cups sliced fresh strawberries
2 pkgs. (3 oz. each) cream cheese, softened
½ cup confectioner's sugar
½ cup flaked coconut
½ cup whipped cream
Toasted coconut, for garnish

Preheat oven to 450°. Roll pastry into 12-inch circle. Place in 10-inch tart pan with removable bottom. Prick bottom of pastry with fork. Bake in preheated oven 10 to 12 minutes until brown.

In heavy saucpan, combine granulated sugar and cornstarch. Stir in water, lemon juice, egg yolk and butter. Over medium heat and stir until mixture until it boils. Boil 2 minutes.

Spoon mixture into cool pastry shell. Top with strawberries. Whip cream until stiff.

In small mixing bowl, beat cream cheese and confectioner's sugar on high speed of electric mixer until smooth. Fold in whipped cream and coconut.

Spread cream mixture on strawberries. Sprinkle with toasted coconut. Chill at least 4 hours.

RECIPE

RICE RE
DUMPLIN
3 cans (14½ oz.)
shredded chicken
2 cups drained
½ cup white wine
1 tsp. minced
2 cups mini

HOURS:
M-F 8AM-7PM
SAT 8AM-6PM
SUN 11AM-4PM

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Today's Food

April 9, 1997—Granite City Journal—Page 3C

RECIPE

RICE REUBEN DUMPLING STEW

3 cans (14½ oz. each) chicken broth
8 oz. cooked corned beef, shredded
2 cups drained sauerkraut
½ tsp. white pepper
1 tsp. minced garlic
2 cups mini carrots, cut in half

3 cups cooked wild rice
2 cups (8 oz.) shredded Swiss cheese
2 eggs
1½ tbsp. cold water
2 tsp. baking powder
1 tbsp. snipped fresh dill
Pinch salt
¾ cup flour
Fresh dill for garnish, if desired

In large kettle, combine sauerkraut, corned beef, sauerkraut, pepper, garlic and carrots. Simmer 20 minutes. Add 2½ cups wild rice.

In small bowl, combine eggs, water, baking powder, snipped dill, salt, flour and remaining ½ cup cooked rice.

Dip spoon in stew, then dumping batter. Drop batter into stew. Cook, covered, 10 to 15 minutes.

Ladle stew into bowls. Top each with ¼ cup cheese. Garnish.

Meat Type	Price	Description
Ground Beef (in 10# bags)	99¢	EXTRA LEAN
Chuck Roast	99¢	USDA CHOICE
Ground Chuck (in 5# pkgs.)	\$1.89	REAL
Slab Bacon	\$1.59	SLICED
Leg Quarters	39¢	GRADE A
Smoked Jowl	\$1.19	HOMEMADE LINK SAUSAGE
K-Bobs	\$1.00	PLAIN GARLIC ITALIAN CAJUN
Marinated Chicken	\$1.25	HOMEMADE BRATS
4# FREEZER SPECIAL \$6.95		REGULAR \$2.29
Average \$1.188 Per Pound!		APPLE KRAUT \$2.39
5 lbs QUARTER LOIN CHOPS		SOUP SPECIAL
4 lbs. SIRLOIN STEAK		BEEF SHORT RIBS \$1.79
5 lbs. BEEF ROAST (Arm or Chuck)		BEEF SHANKS .99¢
10 lbs. GROUND BEEF (2 lb. pkgs.)		BEEF NECK BONES .59¢
4 lbs. PORK STEAK		
5 lbs. BULK or 3 lbs. LINK SAUSAGE (Plain, Garlic or Italian)		
2 lbs. BACON		
6 lbs. FRYERS (Cut Up)		

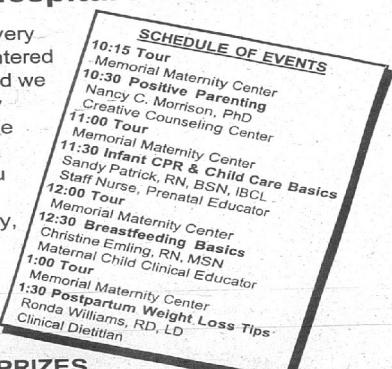
Eighth Annual MATERNITY/PARENTING FAIR

Saturday, April 12, 1997
10 a.m. to 3 p.m.
Memorial Hospital Auditorium

Memorial Hospital is very proud of its family-centered maternity services and we not only want to show you what a great place Memorial is to have a baby, but provide you with valuable information vital to a happy, healthy pregnancy and child care.

◆ EXHIBITS ◆ ATTENDANCE PRIZES

For information, call
Memorial's
Community
Relations
Department at
257-5649



Heart-y Bites

By NANCY McCABE

Budget favorite foods to avoid all-out binge

Often I've heard in jest, "If a food tastes good, then it can't be good for you." Usually statements like this are a reaction to stringent attempts to eliminate all desirable foods on a diet to lose weight, lower cholesterol or limit sodium.

What happens when a favorite food is banned forever from the diet? What happens when the derivative palate? Probably a binge is subtly in the process of evolving.

In order to prevent this negative consequence, a good rule to follow is to have a foods in moderation. Therefore, a favorite food allowed in a reasonable portion may be an acceptable solution to avoiding the binge before it happens.

What if the craving for a favorite food cannot be satisfied with a once-in-a-while indulgence? One obvious solution is to try new recipes that incorporate modified ingredients. A low-fat cookbook, recipes clipped from newspapers and magazines, and recipe and idea exchange with friends are ways to experiment with healthy substitutions.

For instance, turkey Reu-

ben sandwiches are a family favorite, but they are on the table infrequently because of high fat and sodium content.

Looking at a traditional Reuben sandwich made with corned beef, full-fat cheese, sauerkraut, onion, dill pickle and grilled with more saturated fat, this modified turkey sandwich from the American Heart Association "Quick and Easy Cookbook" is a bargain.

Calories and fat are low because ingredients have been chosen carefully for the adjustment. To keep sodium level within limits, the sandwich can be served with raw, crunchy vegetables, and a piece of fresh fruit, both of which are virtually free of sodium, fat and cholesterol. Total preparation and cooking takes only 15 minutes.

This timesaving recipe makes a hearty, simple lunch after an active morning, such as the 10th Annual Walk from 8 a.m. to noon Saturday, May 3, at seven locations. For information, call 367-3383.

Registered dietitian Nancy McCabe is a member of

the nutrition committee of the American Heart Association, St. Louis Chapter.

HEART-HEALTHFUL TURKEY REUBENS

½ cup nonfat thousand island salad dressing
slices dark rye or pumpernickel bread
8 oz. thinly sliced, low-fat, cooked turkey or chicken
½ cup sauerkraut, rinsed, well drained
4 slices (½ oz.) reduced-fat Swiss cheese

Spread salad dressing on one side of each slice of bread. Top 4 slices bread with turkey, sauerkraut and cheese. Top with remaining bread dressing-side down.

Cook large skillet with medium heat, cook sandwiches, 2 at a time, 4 to 6 minutes, turning once, until bread toasts and cheese melts.

Makes 4 sandwiches; 273 calories, 48 mg cholesterol, 780 mg sodium and 5 g fat each.

SALMON PEAR PLATE

1 can (6 oz.) salmon, drained
1½ cups sliced fresh mushrooms
1 can (7 oz.) asparagus, drained
1 cup oil
2½ tbsp. white vinegar
¼ tsp. salt
¼ tsp. dry mustard
Crisp lettuce leaves
1 or 2 fresh pears, peeled, sliced
Sea Cream Dressing

Lay salmon, mushrooms and asparagus separately in shallow dish.

Mix together oil, vinegar, salt and mustard. Spoon over salmon and vegetables. Cover. Chill 1 hour.

Line salad plates with lettuce. Arrange salmon, mushrooms, asparagus and pear on lettuce. Serve Sea Cream Dressing on the side.

Sea Cream Dressing: Combine 1 cup sour cream, 1 tablespoon anchovy paste, 2 tablespoons chopped parsley and, if desired, 1 tablespoon capers. Stir until smooth. Makes 4 servings.



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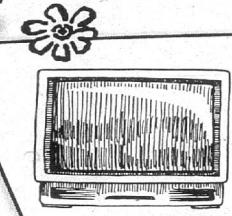
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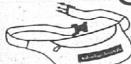
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Today's Food

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Will the craving for a favorite food cannot be satisfied with a once-in-a-while indulgence? One obvious solution is to try new recipes that incorporate modified cookbook recipes clipped from newspapers and magazines, and recipe and idea exchanges with friends are ways to experiment with healthy substitutions.

For instance, turkey Reuben sandwiches are a family favorite, but they are on our table infrequently because of high fat and sodium content.

Looking at a traditional Reuben sandwich made with corned beef, full-fat cheese, sauerkraut, regular dressing and grilled with meat, it's not fat, this modified turkey sandwich from the American Heart Association "Quick and Easy Cookbook" is a bargain.

Calories and fat are low because ingredients have been chosen carefully for the adjustment. To keep sodium level within limits, the sandwich can be served with raw, crunchy vegetables and a piece of fresh fruit, both of which are naturally low in sodium, fat and cholesterol. Total preparation and cooking takes only 15 minutes.

This timesaving recipe makes a hearty, simple lunch after a active morning, such as the Bob Hardy Memorial Walk from 8 a.m. to noon Saturday, May 3, at seven locations. For information, call 367-3383.

Registered dietitian Nancy McCabe is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

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HEART-HEALTHFUL TURKEY REUBENS

1/4 cup nonfat thousand
island salad dressing
8 slices dark rye or
pumpernickel bread
8 oz. thin sliced low-fat
turkey
1/2 cup sauerkraut, rinsed,
well drained
4 slices (1/2 oz.)
reduced-fat Swiss cheese

Spread salad dressing on
one side of each slice of
bread. Top 4 slices bread
with turkey, sauerkraut and
cheese. Top with remaining
bread. Dressing side down.

Coat large skillet with
nonstick cooking oil. Over
medium heat, cook sand-
wiches, 2 at a time, 4 to 6
minutes, turning once, until
bread toasts.

TEXAS 2-STEP CHICKEN

Mix together 1/2 cup (12
ounces) picante sauce, 3
tablespoons picante, 1
tablespoon sugar and 1
tablespoon Dijon mustard.

On lightly-oiled rack over
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pound) about 15 minutes
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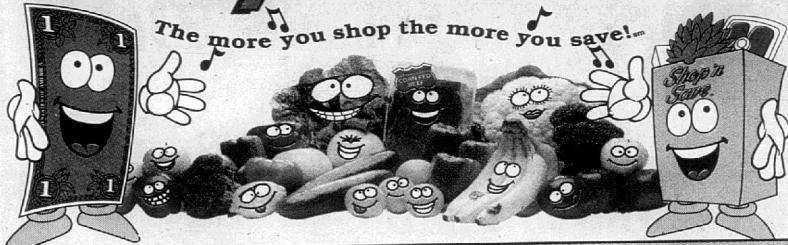


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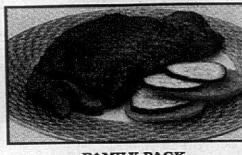
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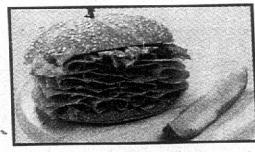
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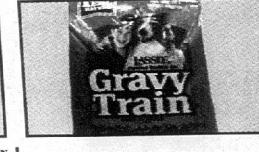
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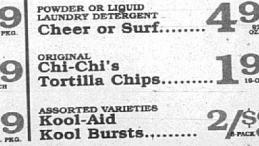
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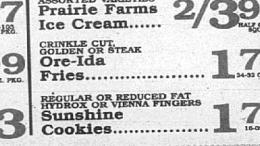
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I-70 and Hwy. 157, Collinville, 344-1708
The Saint (PG-13) 7:00, 9:30
Turbo: Power Rangers (PG) 7:10
Donnie Brasco (R) 8:15
Liar Liar (PG-13) 7:00, 9:00
Devil's Own (R) 7:00, 9:30

COTTONWOOD EDWARDSVILLE CINEMA

Edwardsville, 822-4800
Liar Liar (PG-13) 5:00, 7:30, 9:30
Foote Rush (In PG) 7:00, 9:30
Jungle 2 Jungle (PG) 4:00, 6:45, 9:15

LINCOLN THEATER

103 Main Street, 233-0123
Evita (PG) 7:00, 9:30
Dante's Peak (PG-13) 7:10, 9:15
Beverly Hills Ninja (PG-13) 7:15
Liar Liar (PG-13) 9:15

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30 E. Main St., 822-5250
Absolute Power (R) 7:15
Jungle 2 Jungle (PG) 6:45

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Liar Liar (PG-13) 1:00, 3:00, 5:00, 7:30, 9:30
Liar Liar (PG-13) 2:15, 4:30, 7:10, 9:20
That Old Feeling (PG-13) 2:40, 5:00, 7:00, 9:45
Sling Blade (R) 2:00, 5:00, 8:00
Return Of The Jedi (PG-13) 2:40, 5:20, 8:10
The Saint (PG-13) 1:00, 4:15, 7:15, 9:55
The Saint (PG-13) 2:00, 5:15, 8:15
Cars Don't Dance (R) 3:10, 3:15, 5:00
Private Parts (R) 7:00, 9:30
Jerry Maguire (R) 1:00, 4:00, 7:00, 9:00
Donnie Brasco (R) 2:00, 7:20
Absolute Power (R) 3:45, 9:55
Jungle 2 Jungle (PG) 2:20, 4:35, 7:00, 9:30
The Empire Strikes Back (PG) 2:40, 5:20, 8:00
Baptist (PG-13) 2:00, 4:00, 7:00, 9:00
The Sixth Man (PG-13) 2:20, 4:45, 7:05, 9:20
Inventing The Abbotts (R) 2:30, 4:45, 7:30, 9:45

QUAD CINEMA

Bellville, Ill.
Liar Liar (PG-13) 5:00, 7:30, 9:45
Devil's Own (R) 4:15, 6:30, 8:45
Jungle 2 Jungle (PG) 4:30, 6:45, 9:15
The Saint (PG-13) 4:00, 7:00, 9:50

RITZ 3 THEATER

403 E. Main St., Bellville, 233-1900
Dante's Peak (PG-13) 7:15, 9:30
Beverly Hills Ninja (PG-13) 7:15, 9:00
Evita (PG) 7:00, 9:45

ROXANA CINE THEATER

Roxana, Ill., 254-7474
Vegas Vacation (PG) 7:00

ST. CLAIR 10

50 Ludwig Drive, 462-1131
The Saint (PG-13) 5:00, 7:30
Double Team (R) 4:45, 7:15

AVALON

2425 Kingshighway, 353-2424
101 Dalmatians (G) 4:45
Dante's Peak (PG-13) 7:00
Beverly Hills Ninja (PG-13) 9:15

CHESTERFIELD

555 S. Main St., 822-0155
The Saint (PG-13) 5:00, 8:00
Cars Don't Dance (G) 5:55
Baptist (PG-13) 7:45
Inventing The Abbotts (R) 5:45, 8:05
That Old Feeling (PG-13) 5:50, 8:10

CLARKSON 5 CINE

1785 Clarkson Road, 822-4900
Return Of The Jedi (PG) 1:00, 4:50, 7:30, 9:15
Liar Liar (PG-13) 1:20, 4:40, 7:00, 9:15
The Sixth Man (PG-13) 1:10, 4:55, 7:20, 9:40
Jungle 2 Jungle (PG) 1:30, 4:55, 7:30, 9:50
Devil's Own (R) 1:40, 4:45, 7:15, 9:50
Sling Blade (R) 1:20, 4:15, 7:00, 9:40

Need to kill poison ivy? Use a spray

It used to be that poison ivy was a camper's nightmare. This poisonous perennial, most commonly found in the woods, is now turning up in the back yards of many homes across the country. Poison ivy grows as a low shrub or a high-climbing vine and contains a sticky resin that can irritate the skin in humans and cause an allergic reaction. Every part of the plant from the leaves, stems and roots, to the flowers and berries is toxic.

"There are weeds such as blackberry and poison oak in the Northwest, and poison ivy, common in the Northeast and Southeast," says John Lucas, senior entomologist at

AgrEvo Environmental Health. "When it comes to removing thorny brush and weeds that can cause allergic reactions, you have to be a little more contact than asparagus," he says. Lucas says most people are so eager to get rid of poison ivy or ivy that they may not notice that the plant is a greater risk for exposure. He advises against mowing which will scatter the seed into the lawn, or spraying which releases toxic fumes into the air.

"Hand-pulling provides an

even greater opportunity for exposure to the toxin, especially if the ivy is wet," he says.

Lucas recommends using a product labeled to kill brush,

CRESTWOOD PLAZA 10

248 Crestwood Plaza, 822-8500
The Empire Strikes Back (PG) 1:30, 3:15, 5:30
Cars Don't Dance (G) 1:55, 5:30
Love Jones (R) 2:25, 4:45, 8:00
Doctor Strangelove (R) 2:40, 5:40, 8:00
The Sixth Man (PG-13) 2:00, 5:40, 8:00
Absolute Power (R) 1:45, 5:35, 8:10
Donnie Brasco (R) 2:05, 5:30, 8:05
Jerry Maguire (R) 2:00, 5:50, 8:30
Ludo: Power Rangers (PG) 4:00, 6:00
Scream (R) 8:25
Secrets And Lies (R) 1:35, 5:20, 8:20
The English Patient (R) 1:30, 5:00, 8:15

CREVE COEUR CINE

10570 Old Olive Shopping Center, 822-4800
Liar Liar (PG-13) 5:15, 7:45
Devil's Own (R) 5:00, 7:20
Liar Liar (PG-13) 5:30, 8:00

CROSS KEYS CINEMA

110 Cross Keys Shopping Center
Lindbergh & New Haven Ferry, 821-8898
101 Dalmatians (G) 7:00
Dante's Peak (PG) 7:00
Metro (R) 9:15
Mystic River (PG) 8:45
Evita (PG) 6:45
Beverly Hills Ninja (PG-13) 9:15

DES PERES 14 CINE

Manchester & 270, 822-4900
The Saint (PG-13) 12:00, 4:00, 7:00, 9:00
The Saint (PG-13) 1:00, 5:00, 8:10
Jungle 2 Jungle (PG) 2:15, 2:30, 5:30
The Sixth Man (PG-13) 2:40, 4:45, 7:00, 9:35
Devil's Own (R) 12:45, 4:20, 6:50, 9:20
The Empire Strikes Back (PG) 1:20, 4:30, 8:15
Liar Liar (PG-13) 2:20, 4:40, 5:00, 7:45, 9:00
Cars Don't Dance (G) 12:20, 2:20, 4:15, 6:30, 8:15
The English Patient (R) 7:35
Turbo: Power Rangers (PG) 2:00, 4:15, 6:20, 8:30
Donnie Brasco (R) 2:00, 4:00, 7:30
That Old Feeling (PG-13) 12:00, 2:15, 4:35, 6:30, 8:30
Double Team (R) 12:50, 5:30, 7:40, 9:50
Cars Don't Dance (G) 12:20, 2:20, 4:15, 6:30, 8:30
Inventing The Abbotts (R) 12:30, 4:45, 7:30, 9:45
Return Of The Jedi (PG) 1:00, 4:05, 5:30, 7:30

EASTGATE CINE

Eastgate Shopping Center, 254-2299
Liar Liar (PG-13) 5:15, 7:30
Turbo: Power Rangers (PG) 4:30
Shirtless (PG) 8:45, 9:45
That Old Feeling (PG-13) 4:15, 8:45
The Sixth Man (PG-13) 4:45, 7:15
Devil's Own (R) 4:45, 7:15
Return Of The Jedi (PG) 4:00, 7:00

ESQUIRE CINE

8700 N. Cicero, 781-2300
Check theater for show and times

EUROKA 6 CINE

99 Northgate Shopping Center, 822-4900
Liar Liar (PG-13) 5:25, 7:50
Turbo: Power Rangers (PG) 6:00, 8:05
The Saint (PG-13) 5:05, 7:40
Double Team (R) 4:30, 6:45, 8:45
Devil's Own (R) 5:10, 7:25
That Old Feeling (PG-13) 5:00, 7:30

GALLERIA 3

36 St. Louis Galleria, 821-7272
Check theater for shows and times

HALLS FERRY 14 CINE

2600 Target Drive, 822-4900
Jungle 2 Jungle (PG) 12:00, 2:35, 4:30, 6:30, 8:30
Selena (PG) 9:30
Liar Liar (PG-13) 12:35, 2:40, 4:45, 7:10, 9:15
The Saint (PG-13) 1:15, 3:40, 5:20, 7:20, 9:05
Devil's Own (R) 1:25, 4:10, 7:30, 10:05
Turbo: Power Rangers (PG) 12:05, 2:30, 4:30, 6:30, 8:30
Double Team (R) 12:50, 3:10, 5:15, 7:30, 9:05
Cars Don't Dance (G) 1:30, 4:45, 6:45, 8:45
The Sixth Man (PG-13) 1:20, 4:20, 6:20, 8:40
Inventing The Abbotts (R) 2:10, 4:10, 6:30, 8:30
Return Of The Jedi (PG) 1:10, 4:05, 6:05, 8:05
Liar Liar (PG-13) 1:30, 4:40, 6:40, 8:40
Shirtless (PG) 1:30, 4:40, 6:40, 8:40
That Old Feeling (PG-13) 1:45, 4:55, 6:55, 8:55
KELLER PLAZA 8 CINE

Lambs Landing, 822-4900
Double Team (R) 5:20, 8:00
Cars Don't Dance (G) 5:25
Selena (PG) 7:40
The Empire Strikes Back (PG) 4:40, 7:30
Turbo: Power Rangers (PG) 4:00, 6:00
Absolute Power (R) 8:00
Vegas Vacation (PG) 8:30
Footloose (PG-13) 7:35
Jerry Maguire (R) 4:30, 7:25
The Sixth Man (PG-13) 5:20, 8:10
Star Wars (PG) 4:30, 7:40

KENRICK 8 CINE

7505 Watson Road, 822-4900
Liar Liar (PG-13) 1:25, 5:20, 7:40, 10:05
Return Of The Jedi (PG) 1:00, 5:30, 8:15, 10:15
Inventing The Abbotts (R) 1:30, 5:30, 8:30, 10:30
Devil's Own (R) 1:20, 4:50, 7:30, 10:15
That Old Feeling (PG-13) 12:45, 4:45, 7:45, 10:15
Sling Blade (R) 1:15, 4:00, 7:00, 9:50
The Saint (PG-13) 1:00, 4:10, 7:00, 9:00
Jungle 2 Jungle (PG) 1:45, 4:45, 7:45, 10:15
Liar Liar (PG-13) 5:30, 8:00

KIRKWOOD CINEMA

338 S. Lincoln, 822-1161
Sling Blade (PG-13) 8:15
Kolya (PG) 6:10
Shine (PG) 3:45, 8:45
The English Patient (R) 5:45

LINDBERGH 8

7545 S. Lindbergh, 822-4917
101 Dalmatians (G) 5:15
One Fine Day (PG) 7:55
Dante's Peak (PG-13) 5:10, 7:50
Evita (PG) 6:45, 8:45
Beavis & Buttthead Head To America (PG-13) 6:30
Mike Tyson (PG) 7:30
The Relic (R) 5:20, 8:05
Beverly Hills Ninja (PG-13) 5:10, 8:00
Rancho (R) 5:00, 8:00
Michael (PG) 5:25, 8:10

MID RIVERS MALL

1225 Mid Rivers Dr., 278-2779
Devil's Own (R) 12:15, 5:20, 7:00
Turbo: Power Rangers (PG) 4:00, 6:00
Sling Blade (R) 5:20, 7:00
Turbo: Power Rangers (PG) 4:45, 6:45, 8:45
The Saint (PG-13) 12:00, 5:15, 7:45
Jungle 2 Jungle (PG) 12:00, 4:45, 7:45
Return Of The Jedi (PG) 12:05, 5:20, 7:55

NORTHWEST PLAZA 9

Northwest Plaza, 822-4900
The Sixth Man (PG-13) 1:45, 5:00, 7:00
Turbo: Power Rangers (PG) 1:45, 5:00
Private Parts (R) 8:00
The Saint (PG-13) 1:30, 4:30, 7:10
Return Of The Jedi (PG) 1:10, 4:00, 5:00
Cars Don't Dance (G) 1:00, 4:00, 5:00
Double Team (R) 1:15, 4:45, 7:20
That Old Feeling (PG-13) 1:30, 5:30, 7:40
Love Jones (R) 1:00, 5:15, 8:00
Liar Liar (PG-13) 1:45, 5:15, 7:45

NORTHWEST SQUARE 10

11180 Hwy. 91, Charles Rock, 291-0056
Check theater for shows and times

PLAZA CINE 4

Troy, 822-2070
Liar Liar (PG-13) 4:30, 7:00
Turbo: Power Rangers (PG) 4:30, 7:15
Double Team (R) 4:30, 7:00
Devil's Own (R) 4:30, 7:15

REGENCY SQUARE 8

1025 Regency Parkway, 947-8000
Check theater for shows and times

RONNI'S 8 CINE

Lindbergh & Baptist Church, 822-4900
The Saint (PG-13) 1:20, 4:20, 7:00, 9:00
Baptist (PG-13) 4:20, 7:10
Private Parts (R) 4:30, 9:10
The Old Feeling (PG-13) 2:40, 5:00, 7:20, 9:50
Jungle 2 Jungle (PG) 2:30, 5:10, 7:30, 9:50
Devil's Own (R) 2:20, 4:50, 7:20, 9:50
Liar Liar (PG-13) 1:00, 3:00, 5:20, 7:30, 9:45
Return Of The Jedi (PG) 1:10, 4:05, 6:05, 8:05
Liar Liar (PG-13) 1:00, 3:00, 5:20, 7:30, 9:45

ST. ANDREWS CINEMA

2025 Gotway Drive, 947-1133
101 Dalmatians (G) 7:00
Dante's Peak (PG-13) 7:00
Love Jones (R) 7:00

ST. CHARLES 10 CINE

Hwy. 94 at Prairie Road, 822-4900
Jungle 2 Jungle (PG) 5:15
Private Parts (R) 5:30
The Old Feeling (PG-13) 2:40, 5:00, 7:20, 9:50
Jungle 2 Jungle (PG) 2:30, 5:10, 7:30, 9:50
Devil's Own (R) 2:20, 4:50, 7:20, 9:50
Inventing The Abbotts (R) 5:25, 7:30
Return Of The Jedi (PG) 5:35, 8:05
The Empire Strikes Back (PG) 5:40, 7:10

SHADY OAK CINE

Forsyth and Hanley Road, 727-2219
The Saint (PG-13) 4:45, 7:15, 9:45

VILLAGE SQUARE

8951 Village Square Shopping Center, 895-1850
Check theater for shows and times

WESTPORT

910 Westport Plaza, 822-4900
When We Were Kings (PG) 5:20, 7:30
Shine (PG-13) 5:00, 7:20

Paint like a pro: Use a primer

Before you start your next painting project, take a tip from the pros: use a primer-sealer as an undercoat before applying the finish paint.

Primers are convenient problem-solving products—heavily used by professional painting contractors, but often overlooked by homeowners. That's because paint jobs look better when the paint goes on smoothly, and that's what you want.

Using a primer-sealer can also be economical. High-quality primers are reasonably priced at about \$10 per gallon, and cost less than the cost of a good quality finish paint.

In sealing the surface, primers are readily available at hardware stores, paint supply centers, lumber yards and home centers.

But there's a great difference in quality between amateur and professional primers.

There are many different types of primers, each with its own characteristics and uses.

Good primers are made from latex paint, which is a water-based paint.

They are good for exterior trim, doors and windows.

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When shopping for primers, look for performance rather than price. Primer performance is very important as the sealant and other additives in the first coat are critical to how the whole painting job turns out.

Primer-sealers are heavily used by professional painting contractors, but often overlooked by homeowners.

They are used to help paint jobs last longer. These products seal porous surfaces like new wood or drywall, and prevent water damage.

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But there are many types of

FAMILY**Phi Kappa Phi to be commemorated at SIUE**

Jo Stephens, teacher, helped supervise the decorating of the heart-shaped cookies by Shelley Clark, and Lesley Rivenburgh, right. Erika Skouby, back to camera, also joined in the fun.



Lena Seitzer is pleased with her Valentine's Day surprise from Willi Connally and Valerie Helton.

Church class makes valentine cookies

On Saturday afternoon, Feb. 8, teachers Jo Stephens and Charlie Vunovic hosted a pizza party for the class of 9- and 10-year-old girls at Central Christian Church. After the meal, the girls spent the rest of their party time decorating and wrapping heart-shaped cookies.

Enclosed with each individual cookie was a little flowered note reading "Love blossoms

at Central Christian Church."

Then, as a service project, the girls straightened up the sanctuary by replacing pencils in the holders of the individual pens and placing hymnals under the pews.

The highlight of their weekend was the surprise presentation of a festively wrapped cookie to members of the congregation as they were leaving the sanctuary Sunday morning at the close of church services.

The local honor society at Southern Illinois University at Edwardsville will be observing a week commemorating the founders of Phi Kappa Phi.

The SIUE Chapter 203 of the Honor Society of Phi Kappa Phi will be celebrating the society's 100th anniversary with activities designed to recognize the society's pursuit of academic excellence, positive contributions, and proud tradition.

National Phi Kappa Phi will

hold its annual convention in

Washington, D.C., April 13-19, and the following events are scheduled:

"The SIUE Chapter will

announce the 1997 winner of its

annual fellowship scholarship,

"Honor Student Seminar

Series: Detour on the Information Highway: The Growing Gap Between Those Who Have It and Can and Those Who Haven't and Cannot," from

and essay writing contest.

The award winners include:

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\$1,000 Undergraduate Scholar-

ship Kelly Victory of Aurora.

"Undergraduate Paper Com-

petition: First place (\$300)

Glen Carbon; Second place (\$200) — Heather

Flottmann of St. Louis; Third

place (\$100) — Chantel Grosen-

heim of Lake Villa, Ill.

"Honor Student Seminar

Series: Detour on the Infor-

mation Highway: The Growing

Gap Between Those Who Have

It and Can and Those Who

Haven't and Cannot," from

2:30-4:30 p.m. Wednesday, April 16, at the SIUE Residential Hall Multi-Function Room.

"SIUE Honors Convocation, 3

p.m. Sunday, April 20, in the University Center Meridian Hall.

The Honor Society of Phi

Kappa Phi is the oldest and largest national honor society, recognizing and promoting superior scholarship in all academic disciplines.

For more information, con-

tact Karen Patty-Graham,

president of the local chapter,

692-2072.

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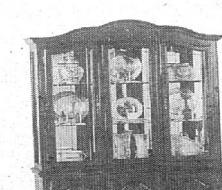
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